



 lysia wellness  
& Ayurveda

# SHORT PROGRAMS

- ★ Indian Head Massage ₹ 1000/-  
Duration : 30 Min
- ★ Indian Foot Massage ₹ 1500/-  
Duration : 45 Min
- ★ Stress Free Back Massage ₹ 1000/-  
Duration : 30 Min

## AYURVEDIC RELAXING MASSAGES

- ★ Abhyanga ₹ 3000/-  
Duration : 60 Min
- ★ Traditional Indian Massage ₹ 3300/-  
Duration : 60 Min
- ★ Signature Marma Massage ₹ 3500/-  
Duration : 60 Min
- ★ Shirodhara ₹ 4500/-  
Duration : 75 Min
- ★ Navaramugha Lepam ₹ 2500/-  
Duration : 45 Min
- ★ Herbal Softness Scrub ₹ 2000/-  
Duration : 45 Min

## WESTERN HOLISTIC MASSAGES

- ★ Swedish Massage ₹ 3000/-  
Duration : 60 Min
- ★ Aroma Therapy ₹ 3200/-  
Duration : 60 Min
- ★ Lomi-Lomi ₹ 3300/-  
Duration : 60 Min
- ★ Deep Tissue ₹ 3500/-  
Duration : 60 Min
- ★ Indian Thai Massage ₹ 3500/-

+ 18% Gst Applicable

# ELYSIA SPECIAL PACKAGES + 18% gst

★ Quick Relax-Instant Tense Away ₹ 2200/-  
Duration : 50 Min

Stress free Back Massage  
Duration : 20 Min

Indian Foot Massage  
Duration : 30 Min

★ Elysia-For Him-Gentle Man Retreat ₹4500/-  
Duration : 90 Min

Indian Head Massage  
Duration : 15 Min

Signature Marma Massage  
Duration : 45 Min

Herbal Body Scrubbing  
Duration : 30 Min

★ Elysia -For Her-Beauty Package ₹ 4500/-  
Duration : 90 Min

Indian Head Massage  
Duration : 15 Min

Aroma Therapy  
Duration : 45 Min

Herbal Softness Scrub  
Duration : 30 Min

★ Elysia Ayurvedic Retreat ₹ 5500/-  
Duration : 120Min

Indian Head Massage  
Duration : 15 Min

Abhynga  
Duration : 60Min

Herbal Body Scrubbing  
Duration : 30Min

Herbal Steam Bath  
Duration : 15 Min

## Couple Packages -For A Couple

★ Adam & Eve ₹ 8500/-  
Duration : 90 Min

Indian Head Massage  
Duration : 15 Min

Swedish Massage  
Duration : 45 Min

Herbal Softness Scrub  
Duration : 30 Min

★ Elysia Romantic Escape ₹ 11000/-  
Duration : 120Min

Indian Head Massage  
Duration : 15 Min

Aroma Therapy  
Duration : 45Min

Herbal Body Scrubbing  
Duration : 30Min

Navarmukhalepam  
Duration : 30Min

## Kids Packages

★ Vanilla Dream ₹ 1500/-  
Duration : 30 Min

★ My First touch ₹ 2000/-  
Duration : 45 Min



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BY M P S



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