



Skyline
A Unit Of Miraya Hotel and Resorts



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Discover a world of transformative treatments and personalized services, tailored to enhance your natural radiance and boost your confidence.

CONTACT US

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ADDRESS

Skyline Resort & Convention Centre, Indore
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WEBSITE

www.skylinernc.com

Welcome to SKYN Spa

*A serene sanctuary for relaxation,
rejuvenation, and wellness.*



WHY CHOOSE US?

Expert hands, premium products, and a calming ambience we help you relax, refresh, and truly unwind.

- *Tranquil Environment*
- *Expert Therapists*
- *Personalized Care*

FOOT THERAPY



DETOX FOOT THERAPY

Feet are soaked, in organic myrtle salt water, gently exfoliated and wrapped in a detoxifying myrtle and clay mask. Your feet will be left feeling silky, smooth and energised.

30 Minutes: ₹ 2500

60 Minutes: ₹ 6999

DETOX ABDOMINAL MASSAGE

A combination of massage techniques to release tension directly over the navel and surrounding abdominal area. Designed to clear out toxins and improve the functions of organs, especially the digestive system.

60 Minutes: ₹ 3500

FOOT ACUPRESSURE

Reflex points on the feet correspond to every organ in the body. Applying pressure to these points, the autonomic nervous, lymphatic and circulation systems are stimulated to heal and balance the body. Ideal when combined with Indian Head Massage.

60 Minutes: ₹ 3500

DETOXIFER PACKAGE

Give your body a boost and rid your system of unwanted toxins to enhance energy levels and break dependence on system stimulants. Rejuvenating and enhancing skin vitality.

120 Minutes: ₹ 10000

SHIATSU

This time-honoured and invigorating full body massage applies pressure along the meridian lines to release trapped energy and restore natural balance and well being.

60 Minutes: ₹ 4000

TRADITIONAL TIBETAN MASSAGE

This classical technique of manipulating muscles with aromatic massage oils is both relaxing and invigorating. This massage improves overall wellbeing, while providing tonic for the soul.

60 Minutes: ₹ 4000



ASIAN THERAPY

MOROCCAN HOT OIL MASSAGE

Using warmed aromatic jasmine oil from Morocco, this massage will smooth your skin as your mind and body are transformed into a complete state of relaxation, induced by slow, enveloping strokes.

60 Minutes: ₹ 5000

COUPLES MASSAGE

Couples of all kinds—sisters, friends, partners enjoy the Aromatic Relaxation or Swedish

60 Minutes: ₹ 9999

THAI HERBAL MASSAGE

This is an original blend of Thai massage using the classic Thai healing herbal packs. While the acupressure works on the meridian lines, the heated herbal compress helps to improve prana flow, ease aches and stimulates circulation.

60 Minutes: ₹ 6999

THAI HERBAL OIL MASSAGE

This energising full body oil massage utilises scented herbal poultices that are heated and applied to pressure points on the body. Wild turmeric, lemongrass, cinnamon and tamarind are just some of the herbs that will condition the skin and take your body on an exotic journey of total renewal.

THAI MASSAGE

Using Thai massage techniques, this treatment focuses on pressure points and gentle stretching movements along the body's energy channels. It is offered fully clothed and without oil to re-awaken the body's energy flow.

60 Minutes: ₹ 4899

VIETNAMESE HOT STONE MASSAGE

Duration 120/180 minutes 7999/9999 This traditional oil massage incorporates pressure point techniques with invigorating movements to warm and relax muscle tissue. Heated small suction stones are placed on the back to aid in muscle relaxation, improve circulation and rejuvenate the body.

90 Minutes: ₹ 7999



MASSAGE THERAPY

DEEP TISSUE MASSAGE

A strong full body massage releasing deep muscular soreness

60 Minutes: ₹ 5000

SWEDISH MASSAGE

Traditional European full body massage techniques are applied to relax aching muscles, stimulate circulation and eliminate toxins so that you look great and feel even better.

60 Minutes: ₹ 3499

AROMATIC RELAXATION MASSAGE

This light-pressured massage uses long, soothing strokes and the aroma therapy of essential oils to achieve total calm and relaxation.

60 Minutes: ₹ 3499

LOMI LOMI MASSAGE

This traditional Hawaiian “loving hands” massage uses percussive and wave-like movements with smooth strokes to induce a total state of relaxation. Jasmine oil is used for its aromatherapeutic benefits. Mother-To-Be Massage The prenatal massage, only available after the trimester, uses soft to medium strokes to promote circulation and ease pressure on the joints, promoting tranquility and deep relaxation.

60 Minutes: ₹ 4000

JET LOG RECOVERY

A rebalancing treatment including a body massage with aromatherapy oil to revive your circulation and ease muscle tension, a head massage to re-awaken your senses and a six senses herbal tea to reset your internal clock.

60 Minutes: ₹ 3499

BALINESE MASSAGE

The Balinese Massage incorporates aroma therapy using fresh native cedar, an herb used by Native Indians to purify and protect. This soothing, balancing massage leaves you tranquil and serene. Fresh sprigs of cedar, followed by a weighted blanket, are placed over the body at the end of the massage, while your therapist completes this service using gentle touch to the head, for relaxation and balance.

90 Minutes: ₹ 5000

THE ARK SPA SIGNATURE MASSAGE

Representing good luck, long life, peace & harmony — bamboo has been used in Asia for many years to relieve tension in the back, neck, shoulders and legs. The use of the bamboo ensures that the guest receives the pressure they require. A perfect substitute for a deep tissue massage.

90 Minutes: ₹ 4000

