



MAYFAIR SPA

RELAX, REFRESH & REJUVENATE





YOUR ABODE OF SERENITY

Step into MAYFAIR SPA, a tranquil haven designed to immerse you in an oasis of peace, where the soothing sounds of cascading water harmonize with lush greenery to create an ideal environment for relaxation and rejuvenation. Here, you can embark on a transformative journey that calms your body, refreshes your mind, and revitalizes your spirit.

Indulge in our signature spa treatments, meticulously crafted to guide you toward a state of profound tranquility. From exquisite touch therapies to invigorating body treatments, each service is thoughtfully designed to release tension and restore balance to your entire being.

For couples seeking deeper connection, our duo treatments provide a wonderful opportunity to bond in the serene ambiance of our spa sanctuary. Experience the ancient art of Ayurveda through our authentic therapies, which are rooted in timeless healing traditions and tailored to meet your individual needs.

Our luxurious facility features a Beauty Salon, Barber Shop, Bridal Room, and a dedicated Manicure-Pedicure area complete with a Nail Art station, ensuring you depart feeling pampered and polished.

Fitness enthusiasts will appreciate our state-of-the-art gymnasium, offering personal training options and a comprehensive wellness program to elevate your fitness journey. Join us at MAYFAIR SPA to explore the ultimate path to holistic wellness and blissful relaxation, where every moment is dedicated to your well-being.



THE MAYFAIR SIGNATURE DAY RETREATS

EKAMRA WELLNESS RITUAL | 120 Minutes

The Mayfair signature Ekamra wellness ritual takes you through a truly rejuvenating journey! It starts with an exfoliating mango-sugar body scrub, which is excellent for removing dead skin cells and promoting smoother, softer skin. This process also helps unclog pores, improves circulation, and provides relaxation and stress relief.

Following the scrub, a relaxing massage with organic Lavender essential oil soothe deeper tissues, release muscle tension, and rejuvenate the skin, enhancing overall relaxation and well-being.

The ritual concludes with a renewal face cleanse, promising to bring out a glow from within. This final step ensures that your skin feels refreshed and revitalized after the entire experience.

Overall, this wellness ritual perfectly designed to pamper both body and mind, offering a comprehensive treatment in the tranquil atmosphere of Ekamra Khetra.

ROMANTIC LAGOON ESCAPE | 150 Minutes

Indulge in a luxurious Lagoon Spa escape starting with a revitalizing body exfoliation, designed to leave your skin silky smooth. Choose your preferred massage to unwind and soothe your senses. Afterward, luxuriate in an encapsulating body wrap with a calming head massage for a complete rejuvenating journey.

To enhance your romantic getaway, immerse yourselves in the Couple steam & shower experience, where relaxation meets intimacy. Finally, savor a customized drink paired with delicious nibbles, culminating in the perfect end to your spa retreat.

THE MAYFAIR SIGNATURE | 90 Minutes

A signature Mayfair Spa experience begins with a detoxifying steam followed with natural puffed rice powder and sugar scrub to exfoliate the dead skin cells, followed with a rhythmic massage with the combination of passive stretching, & deeper manipulation with our signature oils, helps to relax, renew and refresh your body and mind.

COUPLE SPA TREAT | 60/90 Minutes

The romance in the air is as tangible as a candle light, where the aroma of essential oils fills the air. Couples can indulge in a wonderful sensory experience together with the choice of Swedish, Aroma or Deep Tissue massage.

*T&C apply



TOUCH THERAPIES

DEEP TISSUE MASSAGE | 60/90 Minutes

Designed to relieve pain & muscle tension throughout the body, this massage is extremely beneficial as it reaches the deepest layer of muscles, fascia (connective tissue surrounding the joints) and tendons. Deep tissue massage breakdowns the adhesions and provides a relaxing effect.

SWEDISH MASSAGE | 60/90 Minutes

The classical Swedish techniques where light to medium pressure is applied to the whole body with the combination of effleurage, tappotment and friction, stimulate circulation and reduces stress.

BALINESE MASSAGE | 60/90 Minutes

A traditional Indonesian massage is a combination of acupressure and holistic massage with gentle stretches to stimulate flow of blood, oxygen and "qi" (energy).

AROMA OIL MASSAGE | 60/90 Minutes

A traditional therapeutic massage that uses a choice of aromatic essential oils to suit your individual needs. The soft detoxifying massage with the pressure point stimulation helps in lymphatic & venous drainage to cleanse and purify.

THAI MASSAGE | 60/90 Minutes

Traditional Thai massage is an ancient healing system that combines broad and targeted acupressure points stimulation, and manipulation of energy lines called Zen. A dry stretch based Massage to improve the flexibility, tone the Muscles, tighten the skin and provide lightness to the whole body.

HOT STONE MASSAGE | 90 Minutes

Hot stone massage is a unique treatment where therapists use smooth heated basalt stones to massage the focal points on the body to give a deep sensation of utter relaxation steeped in comforting warmth.



AYURVEDA HEALING THERAPIES

ABHYANGAM | 60/90 Minutes | 7*60 Minutes

A traditional Ayurveda massage, having a long friction based strokes with extravagant amount of warm herbal oil, which helps to generate the warmth with in the body and skin, enhance the circulation, stimulates the vital points and balance the body & mind.

SHIRODHARA | 60/90 Minutes | 7*60 Minutes

Luke warm herbal oil is poured in a continuous stream on the forehead, while receiving a gentle massage on the forehead. This therapy not only rejuvenates & revitalizes the body and mind, but also relieves stress and strain-related problems.

Begins with the Abhyangam which is a friction based whole body massage to prepare the body to go through the meditative session of Shirodhara.

SARVANGADHARA | 60 Minutes | 7*60 Minutes

Sarvangadhara is a beautiful classical Ayurveda treatment where in two therapists simultaneously pour warm medicated oil. The body is subjected to streams of lukewarm medicated oil with a simultaneous soft massage. This therapy protects the body from illness & builds immunity for a healthier life.

UDWARTHANAM | 60 Minutes | 7*60 Minutes

Udwarthanam or powder massage is a special Ayurveda massage in which herbal powders are used to massage the body against the direction of the hair follicles with more pressure. It also helps the body by increasing the heat inside the tissues, activating the nerves, mobilizing the fat tissues, reducing the cellulite.

CHOORNASWEDAM | 60/90 Minutes | 7*60 Minutes

The whole body is made to sweat by massaging with medicated powder as boluses tied in a muslin cloth dipping in a hot medicated oil. The Choornaswedam is indicated for neurological disorders, rheumatism and arthritis.

KATIVASTHI | 45 Minutes | 7*45 Minutes

Specially prepared warm medicated oil is filled over the lower back with herbal paste boundary. This treatment is very effective for any type of back pain and spinal disorders.

*T&C apply





MAYFAIR BODY TREATMENTS

WHITENING SCRUB | 30 Minutes

The whitening body scrub comes with particles that will help you clear the dead skin and cells. Most of the time it is not tan but the cells that your body sheds get accumulated and give you a darker shade. All you need to do is scrub it off and get rejuvenated skin.

COFFEE SCRUB | 30 Minutes

Coffee scrubs are considered to be one of the most effective exfoliating skincare products that not only removes tan but also helps give you radiant skin and even out your skin tone. A natural body scrub made of coffee is effective without being harsh. In short, your beauty routine will benefit greatly if you add coffee scrubs to it.

WHITENING WRAP | 30 Minutes

Whitening wrap helps to whiten your skin naturally. To brighten your skin, it's important to exfoliate regularly. These wraps are specifically formulated with marine nutrients and botanicals to optimize skin health and well-being during treatments.



MAYFAIR SKIN CARE BY COMFORTZONE

HYDRA MEMORY | 60 Minutes

Deep Hydrating treatment to combat dehydration and dryness which gives the skin a new life.

SOOTHING REMEDY | 60 Minutes

The advanced professional solution to soothe, renew & strengthen sensitized & redness-prone skin.

HYDRA MEMORY ADVANCED | 70 Minutes

A deeply hydrating, antioxidant treatment for face, neck and décolleté. Leaves the skin hydrated and silky. Restores compactness, nourishment and luminosity.

ACTIVE PURENESS BIPHASIC | 70 Minutes

A deep cleansing, rebalancing and purifying treatment which restores the impure skin, normalizes sebum production and reduces the appearance of pores, blackheads & skin imperfections.

SUBLIME SKIN DOUBLE PEEL | 70 Minute

Skin treatment which stimulates the face, neck and décolleté. This treatment stimulates the renewal of epidermal cells and improves the appearance of soft and premature wrinkles.

SUBLIME SKIN ACTIVE LIFTING | 90 Minute

An anti-aging re-densifying and lifting treatment for the face & neck. It restores the volume of the face, improves tone & reduces wrinkle depth.



MAYFAIR LUXURY SKIN CARE BY CASMARA

GOJI TREATMENT | 90 Minutes

Anti-free radical photo protection. Delays and prevents the signs of aging. Softens the first wrinkles and expression lines. Helps to protect and rebalance the skin by providing an antioxidant recharge. Ideal for sporty types. Intensive and long-lasting moisture. Balance and protection for your skin.

SKIN SENSATION | 90 Minutes

Innovative multi-vitamin and mineral-rich formula with 24-carat gold. Immediate boost of vitality. Helps restore the youth of your skin.

Recovers the natural shine of the dermal tissue. Radiant, luminous, revitalized and young face.

RGNERIN TREATMENT | 90 Minutes

This treatment gives regenerated and younger-looking skin, smooth and without imperfections. Intensive wrinkle-filling from within. Improvement of the micro-contour of the skin (wrinkles, scars and marks). After a 28-day treatment period, the wrinkles and expression lines are softened.

EXPRESS TREAT

MINI FACIAL | 30 Minutes

Three-step therapy to remove pollution impurities & to bless the skin with a fresh glowing appearance.

DE-STRESS BACK MASSAGE | 30/45 Minutes

An Ayurveda massage, focused on the complete back with large amounts of warm herbal oil, helps to balance the body's seven chakras and relieve backache and stiffness.

FOOT REFLEXOLOGY | 30/40 Minutes

Pressure is applied on fixed vital points of the feet that correspond with various organs in the body thereby improving overall blood circulation, stimulate & heal the particular organ.

SUBLIME SKIN ACTIVE LIFTING FACE MASSAGE

HEAD MASSAGE | 20 Minutes

Coconut Oil | Olive Oil | Mythic Oil

*T&C apply



MAYFAIR SPA-PRICE LIST

MAYFAIR SALON SERVICES

HANDS & FEET

NAIL CARE

EXPRESS MANICURE/ PEDICURE

LUXURY MANICURE/ PEDICURE

DELUX MANICURE/ PEDICURE

GENTS SALON

MOUSTACHE COLORING

CHILD HAIRCUT (BELOW 6 YEARS)

HAIR WASH (SHAMPOO & CONDITIONER)

BEARD TRIMMING

BEARD COLORING

HAIR CUT

MUNDAN

EXP SHAVING

HENNA COLOR

HAIR SPA

HAIR COLOR (MAJIRREL)

HAIR TREATMENT

HAIR COLOR (INOA)

BLEACH FACE & NECK

*T&C apply





LADIES SALON

HAIR WASH (S/M/L)
HAIR TRIMMING
BLOW DRY
FRONT TOUCH UP
HAIR STREAKING
HAIR HENNA
HAIR SPA (LOREAL)
HAIR CUT + BLOW DRY
HAIR CUT (ADVANCE)
CURL SETTING (S/M/L)
CRIMPING (S/M/L)
HAIR TREATMENT (S/M/L)
ROOT TOUCH UP (INOA/MAJIREL)
GLOBAL HAIR COLOR
HAIR SMOOTHENING WITH NANO TECHNOLOGY
HAIR IRONING (S/M/L)

THREADING

EYEBROWS
UPPER LIP
CHIN
FOREHEAD
FULL FACE THREADING

EYELASH

EYELASH EXTENSION
EYELASH REFILLING
EYELASH REMOVAL



*T&C apply



WAXING (RICA)

HALF LEG
FULL LEG
HALF ARMS
FULL ARMS
UNDER ARMS
BACK/ FRONT
FULL BODY WAXING
FACE (JAW LINE, UPPER LIP)
FULL FACE

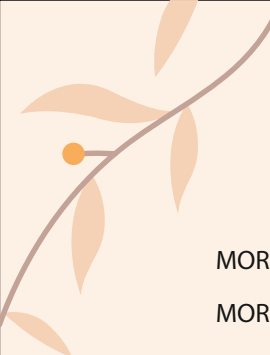
BLEACH

HALF ARM
HALF LEG
FULL ARM
BACK/ FRONT
FULL LEG
FACE & NECK
FULL BODY BLEACH

NAIL SERVICES

NAIL ART
NAIL ACCESSORIES
NAIL REMOVAL
PERMANT POLISH
CLEAR GEL REFILLING
CLEAR GEL OVERLAYS
CLEAR GEL NAIL EXTENSIONS
ACRYLIC NAIL EXTENSION

*T&C apply



MOROCCAN OIL EXPERIENCE

MOROCCAN OIL HAIR WASH

MOROCCAN OIL HEAD MASSAGE

MOROCCAN OIL HEAD MASSAG+ HAIR WASH

MOROCCAN HAIR TREATMENT (S/M/L/VL)

BIOTOP EXPERIENCE

BIOTOP HAIR FALL EXPERIENCE (THIN/ THICK)

BIOTOP EXPERIENCE REPAIR (S/M/L)

BIOTOP EXPRESS REPAIR (S/M/L)

BRIDAL MAKEUP

SAREE DRAPING

JUDA

EYE MAKE UP

TRIAL MAKE UP

GLAME MAKE UP WITH HAIR DO

COCKTAIL PARTY MAKEUP WITH HAIR DO

ENGAGEMENT MAKEUP WITH HAIR DO

BRIDAL MAKE UP

GROOM MAKE UP



*T&C apply



HOW TO SPA

RESERVATIONS

For a smooth and enjoyable experience at our Spa, we recommend booking of your appointment well in advance. If you arrive late due to unforeseen circumstances, we will make every effort to accommodate you, depending upon the availability. This might involve rescheduling your appointment or shortening your session to fit in other guests.

CANCELLATIONS

Failure to attend your appointment without prior cancellation will result in a full charge for the treatment. To reschedule an appointment, please provide an advance notice, subject to availability. A 10% cancellation fee applies, but if you cancel within 3 hours of your appointment, a 50% charge will be applied.

GIFT CERTIFICATE

Spa Gift vouchers are a popular gift for special occasions, such as birthdays, anniversaries, or holidays. They offer a convenient way for people to enjoy a luxurious spa experience. It's a customized gift card with the recipient's name, the gifting person (s) name (s) and a personal message from the gifting person. You can buy them either online or buy visiting any of our spas. The vouchers are purchased of a certain value and the recipient can avail a wellness service of his or her choice across any of our spa across MayFair Hotels & Resorts.

SPA ETIQUETTES

- **Mobile Phones:** Please turn off or silence your mobile phone and other electronic devices. We request minimal conversation to maintain the Spa's serene atmosphere.
- **Smoke and Alcohol:** Our Spa is smoke-free and alcohol-free zone. Guests under the influence of alcohol or drugs will not be treated.
- **Spa Attire:** Wear appropriate Spa attire (disposable underwear provided by the Spa) during your treatment.
- **Conduct:** The Management reserves the right to ask the guests to leave if they engage in inappropriate behaviour or disrupt the Spa's peaceful environment.

SPECIAL CONSIDERATIONS

- **Personal Items:** Remove spectacles, jewellery, watch or hearing aids to fully enjoy your treatment, as these items may interfere with the therapy.
- **Hydration:** Drink plenty of fluids before and after your treatment to stay hydrated.
- **Medical Conditions:** Please inform the Spa of any heart conditions, high blood pressure, pregnancy or other medical issues before your treatment.
 - Guests are advised to avoid strenuous exercise or physical activity for at least one to two hours after their treatment. This rest period allows you to fully experience the benefits of your therapy.
 - Before taking the Spa, Guests are requested to have a food interval of minimum one hour.
 - For men scheduling facial treatments, we recommend shaving a few hours prior to your appointment to ensure the best results.

We look forward to providing you with a relaxing and pleasant experience at MAYFAIR Spa!



MAYFAIR
Hotels & Resorts



SCAN ME

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/MayfairSpaIndia



mayfairhotelsandresortspa



www.mayfairhotels.com