

melting moments

	A	Calorie Per serving	Price
Highland Special Ice Cream	 	160 kcal	240 INR
Lovers Favourite	 	136 kcal	230 INR
Honeymoon Special	 	145 kcal	230 INR
Chocolate Sunday		267 kcal	220 INR
Triple Deccer Tutty Fruity	 	220 kcal	200 INR
Fruit Over Load	 	245 kcal	230 INR

salads

	A	Calorie Per serving	Price
Greek Salad (Iceberg lettuce, Cucumber, Bell peppers, Tomatoes, Feta cheese, Olives, Lemon vinaigrette)		211 kcal	145 INR
Trio Pepper Relish Crispy Potato Wedge (Tri pepper Char grilled, Marinated chilli oil, Herbs, Crispy potato wedge, Curried garlic aioli)		138 kcal	150 INR
Summer's Paradise (Ooty baby carrots, Broccoli, Orange segments, Strawberry vinaigrette)		165 kcal	150 INR
Tandoori Chicken Salad (Marinade shredded chicken, Crunchy iceberg, Siracha mayo)		266 kcal	175 INR

beverages

	A	Calorie Per serving	Price
Fresh Seasonal Juice		120 kcal	140 INR
Lassi (Sweet / Salt)		176 kcal	130 INR
Milk Shake		112 kcal	160 INR
Horlicks	 	17 kcal	140 INR
Bournvita	 	176 kcal	130 INR
Hot Chocolate	 	65 kcal	130 INR
Tea / Coffee		40 kcal	90/100 INR
Aerated Soft Drinks		150 kcal	90 INR

soups

	A	Calorie Per serving	Price
Cream Soup of your choice (Mushroom, Spinach, Tomato (or) Chicken)		180/ 316 kcal	140/160 INR
Sweet Corn Soup (Vegetable / Chicken)	  	327/ 252 kcal	140/160 INR
Clear Soup (Vegetable / Chicken)		32/79 kcal	140/160 INR
Manchow Soup (Vegetable / Chicken)	 	215/ 205 kcal	140/160 INR
Mulligatawny Soup (Lentil flavored with Green Apple, Curry powder, Black pepper corn &. Coconut)		277 kcal	140 INR
Hot & Sour (Vegetable / Chicken)		142 kcal	140/160 INR
Paya Soup (Spiced lamb trotters broth with lentil)		197 kcal	180 INR

desserts

	A	Calorie Per serving	Price
Gulab Jamun	 	175 kcal	160 INR
Halwa (Gajar / Pumpkin)		330 kcal	160 INR
Highland Chocolate Brownie	 	46 kcal	200 INR
Fresh Fruit Platter		82 kcal	230 INR

appetizers/starters

vegetarian	A	Calorie Per serving	Price
Masala Papad (Crispy tandoori papad, Spicy tangy sauce)		38 kcal	100 INR
Crispy Fried Vegetables (Deep fried battered vegetables, Hot garlic sauce)	 	215 kcal	210 INR
Pepper Blast Panner (Crispy cottage cheese tossed with dry red chillies & Bell peppers)	 	243 kcal	210 INR
Babycorn / Mushroom Salt & Pepper (Choice of babycorn or mushroom tossed with Salt, Pepper, Shallots, Coriander & Soya)	 	280 kcal	230 INR
Cornflake Panner Fingers (Deep fried marinated paneer fingers, Tomato mayo)	 	361 kcal	230 INR
Podi Tossed Idli (Gun powder tossed mini idli)	  	70 kcal	200 INR
Kasoori Malai Tikka (Overnight marinated cottage cheese cooked in tandoor)	 	278 kcal	230 INR
Golden Fried Babycorn (Butter fried young corn)		244 kcal	210 INR
Mushroom Pepper Fry (Spicy pan fried mushroom with pepper)		146 kcal	230 INR
Chilly Mushroom (Crispy mushrooms wok tossed with chillies)		263 kcal	230 INR
Bhindi Jodhpuri (Crispy fried ladies finger with besan flour and chillies)		110 kcal	210 INR

staples

	A	Calorie Per serving	Price
Steamed Rice		200 kcal	150 INR
Fried Rice (Veg & Non-veg)		163 kcal	220/280 INR
Wok Tossed noodles		84 kcal	220/290 INR
Vegetable / Jeera Pulao		359 kcal	210 INR
Roti (Plain & Butter)		63 kcal	70 INR
Chappathi & Phulka		65 kcal	70 INR
Naan (Plain / Butter/ Garlic)		262 kcal	90 INR
Kulcha (Butter/ Aloo/ Masala / Cheese/ Onion)		220 kcal	90 INR
Paratha		68 kcal	90 INR
Curd Rice		376 kcal	120 INR
Besi Belle Bath		78 kcal	170 INR
Kal Dosa		133 kcal	120 INR
Idiappam		69 kcal	150 INR

non - vegetarian

Butter Chicken (Punjab makhani chooza infused with cream & butter)		349 kcal	300 INR
Mutton Rogan Josh (Tender lamb chunks cooked in Kashmir spices)		376 kcal	390 INR
Khozhi Melagu Curry (Boneless chicken morsels cooked with crushed black pepper & delicate South Indian gravy)		342 kcal	300 INR
Chicken Mughalai (Chicken in cashew gravy)		320 kcal	320 INR
Nilgiri Chicken Khorma (Ooty special spinach and chicken kurma)		310 kcal	300 INR
Handi Chicken Masala (Hotspiced chicken handi masala)		340 kcal	310 INR
Mutton Chettinadu (Dry slow cooked mutton)		380 kcal	390 INR
Kadai Mutton (Bhuna mutton in kadai masala)		365 kcal	390 INR
Meen Kozhambu (King fish cooked in a country tomato gravy infused with shallots, tamarind and coconut)		217 kcal	330 INR
Era Kozhambu (Sweet Indian ocean prawns perfectly matched with mushroom in tamarind and coconut)		180 kcal	350 INR
Fish ‘n’ Chips (Deep fried seer fish fillet served with tartar sauce & green peas mash)		190 kcal	380 INR
Pan Fried Chcken Steak / Sizzler (Pan fried cheese stuffed marinated chicken breast served with mushroom, shallots & gherkin demy glaze on sizzler plate)		239 kcal	550 INR
Spaghetti Al Fungi Conpollo (Spaghetti cooked with chicken, cream, parmesan & mushroom)		160 kcal	370 INR
Masala Fries Fish (King fish marinated with South Indian spices and deep fried)		240 kcal	360 INR
Chicken / Mutton Briyani (Dum cooked special briyani)		292/480 kcal	330/380 INR
Chicken / Mutton Pulao		280/440 kcal	330/380 INR

sandwiches / snacks

	A	Calorie Per serving	Price
Highland Club Sandwiches (Veg / Non-veg)		260 kcal	195/265 INR
Potato Patties & Cheese Sandwiches		240 kcal	195 INR
Vegetable Cheese Sandwiches		252 kcal	175 INR
Frankie's (Veg / Non-veg)		267 kcal	175/235 INR
Spring Roll (Veg / Non-veg)		154 kcal	185/235 INR
Cutlets (Veg/ Non-veg)		108 kcal	185/235 INR
Assorted Pakora (Veg / Non-veg)		315 kcal	175/255 INR

main course

vegetarian	A	Calorie Per serving	Price
Paneer Methi Masala (Cottage cheese cooked with fresh cheese with tomato gravy finished with cream)		320 kcal	270 INR
Veg / Paneer Makhanwala (Soft cooked mix vegetables / cottage cheese with tomato gravy finished with cream)		297 kcal	270 INR
Aloo Gobi / Bhindi / Green Peas Masala (Choice of vegetables cooked in Indian yellow masala)		208 kcal	270 INR
Palak Paneer / Baby corn/ Mushroom (Exotic vegetables tossed with spinach puree Indian yellow masala)		355 kcal	270 INR
Dal Makhani (Rich Punjabi black dal enhanced with cream & Indian spices)		278 kcal	250 INR
Yellow Dal (Moong dal cooked to perfection & topped with Indian spices)		72 kcal	230 INR
Vegetable Chettinadu (Exotic mix vegetable cooked with chettinadu spices)		336 kcal	270 INR
Dum Aloo Banarasi (Banarasi style baby potato curry)		330 kcal	260 INR
Navarathna Korma (Nine exotic vegetable slow cooked)		223 kcal	260 INR
Vathal Kozhambbu (Choice of brinjal / ladyfinger / dry berries cooked in home style gravy)		178 kcal	240 INR
Spaghetti Al Fungi (Spaghetti pasta cooked with mushroom & cream sauce)		158 kcal	270 INR
Baked Spinach Corn & Mushroom (American corn, mushroom & shredded spinach cooked together with white sauce and topped with cheese)		103 kcal	310 INR
Cottage Cheese Steak (Spiced paneer grilled on a flat top and served with garden vegetables and fries)		98 kcal	380 INR
Vegetable Briyani (Mix veg flavoured dum cooked rice)		101 kcal	250 INR
Vegetable Stew (Mix veg in coconut sauce)		119 kcal	280 INR
Mushroom / Peas Pulao		194 kcal	220 INR

non - vegetarian

	A	Calorie Per serving	Price
Chettinadu Spiced Chicken Tikka (Boneless succulent pieces of chicken marinated overnight and cooked in Tandoor)		211 kcal	310 INR
Prawn Porichathu (Deep tried king prawns , Red chilly paste, Lemon&. Spices)		180 kcal	320 INR
Chicken Lollypop (Deep tried spicy&. crunchy chicken wings)		190 kcal	290 INR
Mutton Pepper Fry (Tenderlamb chunks infused with black pepper, coriander leaves and green chilly)		213 kcal	340 INR
Chilly Chicken (Fried chicken cooked in spicy red chilly and pepper sauce)		108 kcal	290 INR
Herbed Fish Fingers (Fingers of fish marinated overnight, Breaded,Tartar sauce)		249 kcal	290 INR
Tangri Kebab (Marinated chicken legs, Tandoori spices, Clay oven cooking)		232 kcal	310 INR
Tandoori Chicken (Half/Full) (Whole spring chicken cooked tender with spices and nutmeg)		211 kcal	310/490 INR
Meen Varuval (Spiced sea fish darn grilled)		240 kcal	310 INR
Butterfly Prawn (Crumb tried prawn, Chefs special sauce)		258 kcal	340 INR
Sliced Chicken with Pineapple (A famous chicken preparation from gand dong region and has plenty of vitamins & minerals)		293 kcal	340 INR
Murg Malai Tikka (Boneless chicken enveloped with thick mixture of cream, Cheese & Herbs)		171 kcal	310 INR
Highland Assorted Platter (Mixed grill non-veg platter with season's best choice)		620 kcal	510 INR

beverages

	A	Calorie Per serving	Price
Fresh Seasonal Juice		120 kcal	140 INR
Lassi (Sweet / Salt)		176 kcal	130 INR
Milk Shake		112 kcal	160 INR
Horlicks		17 kcal	140 INR
Bournvita		176 kcal	130 INR
Hot Chocolate		65 kcal	130 INR
Tea / Coffee		40 kcal	90/100 INR
Aerated Soft Drinks		150 kcal	90 INR