



dhanyam



Allergen Details

Kindly let the associate know if you are allergic to Molluscs, Egg, Fish, Soya, Milk, Peanut, Gluten, Crustaceans, Nuts, Mustard, Sesame, Celery, Sulphites or any other ingredients

List of Allergens:



Some food preparation may contain Mono Sodium Glutamate. Please inform our associate in case you would like your food prepared without it.

Calories in KCal and Size in Grams per serving. As per the guidelines issued by the Food Safety & Standard Authority of India (FSSAI) an average active adult requires 2000 KCals of energy per day however, the actual calories needed may vary per person.

☒ Vegetarian ☐ Non - Vegetarian

Breakfast À la carte

7:30 AM - 10:30 AM

- 

Idly or Vada
An age-old indulgence
Served with Sambar and Chutney
Idly
KCal : 100 | 100 gm
Vada
KCal : 280 | 100 gm

220
- 

Poori with Aloo Bhaji
Every reason to go "mmmmmm"
Fried Fluffy Indian Bread. Served with Potato Masala
KCal : 290 | 100 gm 

220
- 

Ghee Ven Pongal
A wholesome South Indian staple
Hearty and wholesome rice and moong dal pongal,
tempered with ghee and spices
KCal : 210 | 100 gm 

220
- 

Dosa or Uttapam
The Indian pancake, served hot
Served with Sambar and Chutney
Onion
KCal : 150 | 100 gm 
Tomato
KCal : 150 | 100 gm 
Gun Powder
KCal : 150 | 100 gm 
Cheese and Vegetables
KCal : 150 | 100 gm 

220
- 





















Pancakes
Soft, fluffy and irresistible
Served with Maple Syrup or Honey
KCal : 250 | 100 gm    

220
- 

French Toast
Melt in the mouth experience
Served with Melted Butter and Honey
KCal : 250 | 100 gm   

220

List of Allergens:

 Gluten  Egg  Fish  ShellFish  Milk  Peanut  SoyaBeans  Sesame Seeds  Molluscs  Black Pepper  Crustaceans  Mustards  Nuts  Celery  Sulphites  Corn  Pineapple  Chicken  Food Color  Garlic

* Please allow a minimum of 20 minutes for your orders to be served.

* Taxes as applicable | Condition apply on availability of items in the menu | All prices in Indian Rupees

* 5% service charges on Food and Beverages (This is not mandatory. Should you wish not to pay, kindly inform the service staff before billing.)

 Vegetarian  Non - Vegetarian



- | | |
|---|-----|
| <div> <div> </div> <div> Fresh Fruit Platter
 A fresh start to the day!
 Assorted Seasonal Fresh Cut Fruits
 KCal : 50 100 gm </div> </div> | 220 |
| <div> <div> </div> <div> Cereals
 Be a cereal eater
 Choice of Flakes - Corn / Choco Pops or Gluten
 Served with Hot or Cold Milk
 KCal : 350 100 gm </div> </div> | 220 |
| <div> <div> </div> <div> Two Farm Fresh Eggs to Order
 Healthy and wholesome
 Served with Two Slices of Bread
 KCal : 150 100 gm </div> </div> | 220 |

LUNCH

12:30 PM - 03:30 PM

MEAL FOR ONE

- | | |
|--|-----|
| <div> <div> </div> <div> Thali Meals Veg
 A flavourful feast
 A Wholesome Vegetarian Meal Bursting with Authentic Indian Flavours </div> </div> | 450 |
| <div> <div> </div> <div> Thali Meals Non Veg
 Bold, rich and absolutely delicious!
 A Rich Non-Veg Meal Filled with Bold Flavours </div> </div> | 550 |

List of Allergens:

Gluten
 Egg
 Fish
 ShellFish
 Milk
 Peanut
 SoyaBeans
 Sesame Seeds
 Molluscs
 Black Pepper
 Crustaceans
 Mustards
 Nuts
 Celery
 Sulphites
 Corn
 Pineapple
 Chicken
 Food Color
 Garlic

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Vegetarian
 Non - Vegetarian

DINNER

07:00 PM - 10:30 PM

FROM OUR SALAD BOWL

- | | | |
|---|-------------------------------------|-----------|
|  | Garden Green Salad | 180 |
| A healthy and hearty beginning to your meal
Fresh Garden Greens, Lightly Dressed
KCal : 25 100 gm | | |
|  | Tossed Green Salad | 200 |
| A garden on your platter
Crispy Lettuce, Onion, Tomato and Cucumber.
Served with Vinaigrette and Creamy Mayo Dressing
KCal : 25 100 gm | | |
|  | Mixed Sprouts Salad | 200 |
| Crunchy and delicious
Protein-Rich Sprout Medley
KCal : 25 100 gm | | |
|   | Hawaiian Salad Veg / Chicken | 200 / 260 |
| A sumptuous salad with Hawaiian flair
Crisp Greens Tossed with Vinaigrette
KCal : 120 / 160 100 gm 🥗🍍 | | |
|   | Ceaser Salad Veg / Chicken | 200 / 260 |
| Light, Fresh and healthy
Served on a Bed of Crunchy Iceberg Lettuce
KCal : 180 / 220 100 gm 🥗🍷🍳 | | |
|  | Chicken Tikka Salad | 270 |
| Grilled protein with greens
Smoky Grilled Chicken on Greens
KCal : 140 100 gm 🍗 | | |







FROM OUR SOUP POT

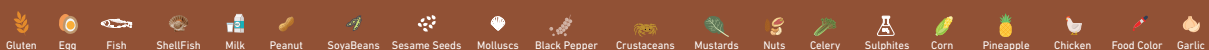
Sip on the healthy soup!

	Cream of Tomato / Mushroom / Broccoli	200
	KCal : 75 100 gm  	
 	Sweet Corn Veg / Chicken	200 / 230
	KCal : 60 100 gm  	
 	Clear Soup Veg / Chicken	200 / 230
	KCal : 40 100 gm 	
 	Hot & Sour Veg / Chicken	200 / 230
	KCal : 70 100 gm    	
	Cream of Chicken Soup	230
	KCal : 100 100 gm   	
	Kozhi Milagu Chauru	230
	KCal : 60 100 gm  	

FROM OUR SAUCE PAN

	Fish 'n' Chips	440
	Golden, crispy, iconic Crispy Battered Fish with Chips KCal : 230 - 260 100 gm   	
	Grilled Fish	440
	Fresh fillets with fragrant herbs Delicate Grilled Fish with Herbs KCal : 150 100 gm  	
	Grilled Chicken Breast	480
	Fresh fillets with fragrant herbs Juicy Grilled Chicken Breast Seasoned with Subtle Spices KCal : 180 100 gm  	
 	Choice of Pasta - Penne / Spaghetti / Macaroni / Vegetable / Chicken / Prawn	410 / 520 / 600
	The soul of Italy, reimagined Pasta of your Choice Prepared to Perfection KCal : 145 / 175 / 160 gm   	

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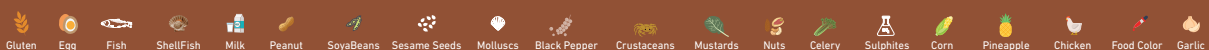
APPETIZERS

- 
Paneer Vepudu
350
- Tossed in tradition, fried to perfection
Spicy Pan-Fried Paneer Delicacy
KCal : 320 / 380 | 100 gm 🥛🌾
- 
Chicken Tender Nuggets
430
- Crispy on the outside, juicy on the inside!
Perfectly Crispy Chicken Tender Nuggets with Bold, Juicy Flavour
KCal : 280 - 310 | 200 gm 🌾🥚🐔
- 
Chicken Vepudu
440
- A delicious dose of Desi heat
Fiery South Indian Chicken Fry
KCal : 240 / 340 | 100 gm 🌾🥚🐔
- 
Mutton Chukka
540
- Perfection in every bite
Slow-Cooked Spicy Mutton Roast
KCal : 280 | 100 gm
- 
Aachi Eral Thokku
700
- Where heritage meets the harvest of the sea
Traditional Spicy Prawn Masala
KCal : 190 | 100 gm 🦐
- 
Vanjaram Meen Varuval
480
- For the true seafood connoisseur
Crispy South Indian Style Seer Fish
KCal : 220 | 100 gm 🐟

FROM OUR TANDOOR POT

- 
Malai Paneer Tikka
370
- Savour the delicate taste of the tandoor
Delectable Cottage Cheese Infused with Cardamom Cream
KCal : 220 | 100 gm 🥛🌾🌿
- 
Veg Seekh Kebab
350
- A masterpiece of minced greens
Garden-Fresh Vegetables Skewered and Char-Grilled to Perfection
KCal : 160 | 100 gm 🌾🌿🌾

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- | | |
|---|-----|
|  Murgh Tikka
The Tikka that packs a punch
Succulent Chicken Morsels Marinated in Artisanal Spices
KCal : 200 100 gm <div>      </div> | 450 |
|  Tandoori Chicken
To Make This King of Kebab Truly Magnificent,
Our Masters Roast the Chicken after Curing It in a Herbal Marinade
KCal : 230 100 gm <div>     </div> | 450 |
|  Mutton Seekh Kebab
Heritage on a skewer
Spiced Minced Lamb, Flame-Grilled for Smoky Depth
KCal : 285 100 gm <div>     </div> | 560 |

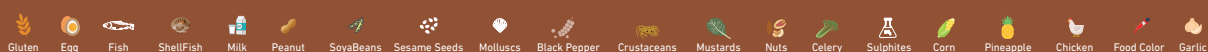
FROM OUR WOK STATION

Succulent, spicy and so good!

Try our various delicacies in an assortment of sauces - Chinese Style

- | | |
|--|-----|
|  Manchurian
Gobi / Paneer / Babycorn
KCal : 170 100 gm <div>    </div> | 370 |
|  Salt & Pepper
Mushroom / Babycorn
KCal : 260 100 gm <div>    </div> | 370 |
|  Chicken
Chilli / Schezwan / Hot Garlic
KCal : 180 100 gm <div>     </div> | 450 |
|  Prawn
Chilli / Schezwan / Hot Garlic
KCal : 190 230 gm <div>     </div> | 700 |
|  Fish
Chilli / Schezwan / Hot Garlic
KCal : 180 230 gm <div>     </div> | 480 |

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STAPLES

All-time favorites in 2 famous cooking styles,
choose from Schezwan or Shanghai and enjoy!





















Choose Your Staples - Fried Rice / Noodles

	Prawn KCal : 360 240 gm    	700
	Chicken KCal : 320 240 gm    	410
	Egg KCal : 277 240 gm    	360
	Vegetable KCal : 230 240 gm   	340

FROM OUR INDIAN CURRY POT

	Paneer Butter Masala Pure indulgence on a plate Silken Paneer Cubes in a Decadent Tomato-Butter Emulsion KCal : 300 100 gm  	370
	Paneer Tikka / Malai / Achari A melt-in-the-mouth smoky masterpiece Tandoor-Charred Cottage Cheese Marinated in Curated Signature Gravies KCal : 310 100 gm  	370
	Vegetable Jalfrezi A vibrant vegetable medley Seasonal Harvest Sautéed in Tangy Heritage Spices KCal : 150 100 gm  	360
	Aloo / Gobi / Mushroom / Green Peas / Palak Jeera / Mixed Vegetables Masala Boldly spiced and beautifully balanced A melange of Garden Vegetables in Robust Masala KCal : 170 100 gm 	360
	Dhal Tadka / Makhani Pure comfort with a spark of spice Tempered Yellow Lentils or Slow-Simmered Buttery Black Lentils KCal : 210 100 gm 	320

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	Chicken Chettinad The timeless taste of Karaikudi Peppery Roasted Chicken Reflecting Authentic South Indian flavours KCal : 220 100 gm   	450
	Mutton Varutha Curry Tradition you can taste in every morsel Tender Lamb Slow-Braised in a Scorched Spice Reduction KCal : 380 100 gm 	560
	Prawn Masala The golden treasure of the Southern shore Coastal Prawns Simmered in a Fragrant Aromatic Infusion KCal : 190 100 gm 	700
	Butter Chicken Masala Rich, royal, and remarkably smooth Tandoori Chicken Swirled in a Rich Buttery Gravy KCal : 320 100 gm  	450
	Kadai Murgh A bold medley of heat and heritage Pan-Tossed Chicken Seasoned with Hand-Crushed Coriander Seeds KCal : 240 100 gm 	450
	Mutton Rogan Josh An aromatic masterpiece from the Kashmir Valley Kashmiri-Style lamb Perfumed with Alkanet and Ginger KCal : 280 100 gm 	560

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 Gluten
  Egg
  Fish
  ShellFish
  Milk
  Peanut
  SoyaBeans
  Sesame Seeds
  Molluscs
  Black Pepper
  Crustaceans
  Mustards
  Nuts
  Celery
  Sulphites
  Corn
  Pineapple
  Chicken
  Food Color
  Garlic

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FROM OUR TANDOORI POT

- Roti 120
KCal : 110 | 100 gm 🌾
- Tandoori Paratha 130
KCal : 240 | 100 gm 🌾
- Naan 120
KCal : 280 | 100 gm 🌾

FROM OUR RICE POT

- Vegetable Biryani 400
A fragrant masterpiece of rice and vegetables
Fragrant Long-Grain Rice Layered with Saffron-Infused Vegetables
Kcal : 230 | 100 gm 🍛 🥛
- Curd Rice 300
Simple, soothing and sincerely yours
Tempered Creamy Yogurt Rice Garnished with Curry Leaves
Kcal : 150 | 100 gm 🥛 🌿
- Bisi Bele Bath 350
The aromatic alchemy of rice and spice
A Soulful Heritage Blend of Rice, Lentils and Tamarind
KCal : 200 | 100 gm 🌿
- Choice of Pulao 320
Jeera / Green Peas / Mixed Vegetables /
Mushroom / Paneer / Kashmiri
A Fragrant offering of rice
Delicate Basmati Rice Tossed with Aromatic Garden Accents
KCal : 230 | 100 gm 🍛 🥛



- | | |
|--|-----|
| <div></div> Steamed Basmati Rice
The perfect staple
Fluffy, Aromatic Long-Grain Rice Steamed to Airy Lightness
KCal : 120 100 gm | 200 |
| <div></div> Chicken Biryani
Symphony of chicken and rice
Preparation of Seasoned Chicken and Basmati Rice. Served with Raita
Kcal : 280 100 gm    | 480 |
| <div></div> Mutton Biryani
Classics are always in fashion!
Preparation of Seasoned Mutton and Basmati Rice. Served with Raita
Kcal : 280 100 gm    | 560 |

BETWEEN MEALS

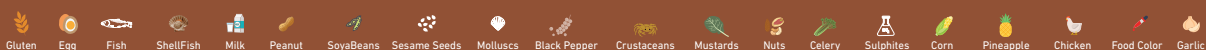
FOR THOSE IN-BETWEEN HUNGER PANGS!
10:30 AM - 12:30 PM & 03:30 PM TO 07:00 PM

FROM OUR CUTTING BOARD

(Choose your Bread - Whole Gluten or White Bread)

- | | |
|--|-----------|
| <div></div> Sandwich
Plain / Toast / Grill
A whopper of a sandwich
Chicken Salami, Omelette, Sun Dried Tomato,
Cheese and Crunchy Iceberg Lettuce
KCal : 250 100 gm    | 350 |
| <div></div> New York Club Sandwich
Plain / Toast / Grill
A triple-decker tribute to the city that never sleeps
A Layered Masterpiece Featuring Classic Premium Fillings
KCal : 340 100 gm    | 350 |
| <div></div> Sandwich
Egg / Chicken
Classic comfort that hits the spot
Artisanal Bread Layered with Savoury, Perfectly Seasoned Proteins
KCal : 280 100 gm    | 400 / 440 |

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FROM OUR FRYER





















 Paneer / Mushroom 65	370
KCal : 280 100 gm   	
 French Fries	220
KCal : 320 100 gm	
 Onion Garam Pakora	290
KCal : 240 100 gm 	
 Masala Papad	200
KCal : 70 100 gm	
 Vegetable Pakora	290
KCal : 200 100 gm 	
 Chicken 65	450
KCal : 260 100 gm   	
 Eral Varuval	700
KCal : 240 100 gm  	

DESSERTS

WE UNDERSTAND YOUR SWEET CRAVINGS!

 Choice of Ice Cream	150
Chocolate / Strawberry / Vanilla	
KCal : 180 100 gm   	
 Gajar Halwa	150
KCal : 250 100 gm  	
 Gulab Jamun	150
KCal : 300 100 gm 	
 Brownie	150
KCal : 400 100 gm    	

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BEVERAGES

 Seasonal Fresh Fruit Juice	210
KCal : 135 100 gm   	
 Milkshake	210
KCal : 400 100 gm 	
 Butter Milk	140
KCal : 140 100 gm 	
 Lassi	160
KCal : 140 100 gm 	
 Coffee	90
KCal : 90 100 gm 	
 Tea	80
KCal : 80 100 gm 	
 Aerated Beverages	90
KCal : 110 100 gm	
 Fresh Lime Soda / Water	110
KCal : 45 100 gm	
 Health Beverage	140

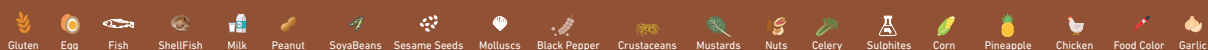
EAT LOCAL

SAVOUR THE TASTE OF SOUTH

12:30 PM - 03:30 PM

 Parotta with Chicken Salna	350
KCal : 220 340 gm 	
 Appam with Veg Stew	350
KCal : 220 340 gm	
 Adai Dosa with Milagai Chutney	350
KCal : 240 300 gm	
 Kozhi Varutha Curry with Kal Dosa	480
KCal : 340 300 gm 	
 Meen Chatti Kuzhambu with Rice	480
KCal : 240 300 gm	
 Kappa Kilangu Payasam	220
KCal : 220 340 gm  	
 Panjamirtham Kheer	220
KCal : 220 340 gm  	

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REGENCY
PALANI
BY GRT HOTELS

For more Details

 0 80622 10180  www.grthotels.com

 crs@grthotels.com