



dhanyam



Allergen Details

Kindly let the associate know if you are allergic to Molluscs, Egg, Fish, Soya, Milk, Peanut, Gluten, Crustaceans, Nuts, Mustard, Sesame, Celery, Sulphites or any other ingredients

List of Allergens:



Some food preparation may contain Mono Sodium Glutamate. Please inform our associate in case you would like your food prepared without it.

Calories in KCal and Size in Grams per serving. As per the guidelines issued by the Food Safety & Standard Authority of India (FSSAI) an average active adult requires 2000 KCals of energy per day however, the actual calories needed may vary per person.

Vegetarian Non - Vegetarian

Breakfast À la carte

7:30 AM - 10:30 AM

| | |
|--|-------|
| <input checked="" type="checkbox"/> Idly or Vada | 220 |
| An age-old indulgence | |
| Served with Sambar and Chutney | |
| Idly | |
| KCal : 100 100 gm | |
| Vada | |
| KCal : 280 100 gm | |
| <input checked="" type="checkbox"/> Poori with Aloo Bhaji | 220 |
| Every reason to go "mmmmmm" | |
| Fried Fluffy Indian Bread. Served with Potato Masala | |
| KCal : 290 100 gm | ▀ |
| <input checked="" type="checkbox"/> Ghee Ven Pongal | 220 |
| A wholesome South Indian staple | |
| Hearty and wholesome rice and moong dal pongal, tempered with ghee and spices | |
| KCal : 210 100 gm | ▀ |
| <input checked="" type="checkbox"/> Dosa or Uttapam | 220 |
| The Indian pancake, served hot | |
| Served with Sambar and Chutney | |
| Onion | |
| KCal : 150 100 gm | ▀ |
| Tomato | |
| KCal : 150 100 gm | ▀ |
| Gun Powder | |
| KCal : 150 100 gm | ▀ |
| Cheese and Vegetables | |
| KCal : 150 100 gm | ▀ |
| <input checked="" type="checkbox"/> Pancakes | 220 |
| Soft, fluffy and irresistible | |
| Served with Maple Syrup or Honey | |
| KCal : 250 100 gm | ▀ □ ○ |
| <input checked="" type="checkbox"/> French Toast | 220 |
| Melt in the mouth experience | |
| Served with Melted Butter and Honey | |
| KCal : 250 100 gm | ▀ ○ □ |

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Vegetarian Non - Vegetarian



| | |
|--|-----|
| <input checked="" type="checkbox"/> Fresh Fruit Platter | 220 |
| A fresh start to the day! Assorted Seasonal Fresh Cut Fruits KCal : 50 100 gm | |
| <input checked="" type="checkbox"/> Cereals | 220 |
| Be a cereal eater Choice of Flakes - Corn / Choco Pops or Gluten Served with Hot or Cold Milk KCal : 350 100 gm | |
| <input checked="" type="checkbox"/> Two Farm Fresh Eggs to Order | 220 |
| Healthy and wholesome Served with Two Slices of Bread KCal : 150 100 gm | |

LUNCH

12:30 PM - 03:30 PM

MEAL FOR ONE

| | |
|---|-----|
| <input checked="" type="checkbox"/> Thali Meals Veg | 450 |
| A flavourful feast A Wholesome Vegetarian Meal Bursting with Authentic Indian Flavours | |
| <input checked="" type="checkbox"/> Thali Meals Non Veg | 550 |
| Bold, rich and absolutely delicious! A Rich Non-Veg Meal Filled with Bold Flavours | |

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DINNER

07:00 PM - 10:30 PM

FROM OUR SALAD BOWL

| | |
|---|-----------|
| <input checked="" type="checkbox"/> Garden Green Salad | 180 |
| A healthy and hearty beginning to your meal Fresh Garden Greens, Lightly Dressed KCal : 25 100 gm | |
| <input checked="" type="checkbox"/> Tossed Green Salad | 200 |
| A garden on your platter Crispy Lettuce, Onion, Tomato and Cucumber. Served with Vinaigrette and Creamy Mayo Dressing KCal : 25 100 gm | |
| <input checked="" type="checkbox"/> Mixed Sprouts Salad | 200 |
| Crunchy and delicious Protein-Rich Sprout Medley KCal : 25 100 gm | |
| <input checked="" type="checkbox"/> Hawaiian Salad Veg / Chicken | 200 / 260 |
| A sumptuous salad with Hawaiian flair Crisp Greens Tossed with Vinaigrette KCal : 120 / 160 100 gm   | |
| <input checked="" type="checkbox"/> Caesar Salad Veg / Chicken | 200 / 260 |
| Light, Fresh and healthy Served on a Bed of Crunchy Iceberg Lettuce KCal : 180 / 220 100 gm    | |
| <input checked="" type="checkbox"/> Chicken Tikka Salad | 270 |
| Grilled protein with greens Smoky Grilled Chicken on Greens KCal : 140 100 gm  | |



FROM OUR SOUP POT

Sip on the healthy soup!

| | |
|--|-----------|
| <input checked="" type="checkbox"/> Cream of Tomato / Mushroom / Broccoli | 200 |
| KCal : 75 100 gm   | |
| <input checked="" type="checkbox"/> Sweet Corn Veg / Chicken | 200 / 230 |
| KCal : 60 100 gm   | |
| <input checked="" type="checkbox"/> Clear Soup Veg / Chicken | 200 / 230 |
| KCal : 40 100 gm  | |
| <input checked="" type="checkbox"/> Hot & Sour Veg / Chicken | 200 / 230 |
| KCal : 70 100 gm     | |
| <input checked="" type="checkbox"/> Cream of Chicken Soup | 230 |
| KCal : 100 100 gm    | |
| <input checked="" type="checkbox"/> Kozhi Milagu Chaaru | 230 |
| KCal : 60 100 gm   | |

FROM OUR SAUCE PAN

| | |
|---|-----------------|
| <input checked="" type="checkbox"/> Fish 'n' Chips | 440 |
| Golden, crispy, iconic | |
| Crispy Battered Fish with Chips | |
| KCal : 230 - 260 100 gm   | |
| <input checked="" type="checkbox"/> Grilled Fish | 440 |
| Fresh fillets with fragrant herbs | |
| Delicate Grilled Fish with Herbs | |
| KCal : 150 100 gm   | |
| <input checked="" type="checkbox"/> Grilled Chicken Breast | 480 |
| Fresh fillets with fragrant herbs | |
| Juicy Grilled Chicken Breast Seasoned with Subtle Spices | |
| KCal : 180 100 gm   | |
| <input checked="" type="checkbox"/> Choice of Pasta - Penne / Spaghetti / Macaroni / Vegetable / Chicken / Prawn | 410 / 520 / 600 |
| The soul of Italy, reimagined | |
| Pasta of your Choice Prepared to Perfection | |
| KCal : 145 / 175 / 160 gm    | |

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Vegetarian Non - Vegetarian

APPETIZERS

| | |
|---|---|
| <input checked="" type="checkbox"/> Paneer Vepudu | 350 |
| Tossed in tradition, fried to perfection | |
| Spicy Pan-Fried Paneer Delicacy | |
| KCal : 320 / 380 100 gm |   |
| <input checked="" type="checkbox"/> Chicken Tender Nuggets | 430 |
| Crispy on the outside, juicy on the inside! | |
| Perfectly Crispy Chicken Tender Nuggets with Bold, Juicy Flavour | |
| KCal : 280 - 310 200 gm |    |
| <input checked="" type="checkbox"/> Chicken Vepudu | 440 |
| A delicious dose of Desi heat | |
| Fiery South Indian Chicken Fry | |
| KCal : 240 / 340 100 gm |    |
| <input checked="" type="checkbox"/> Mutton Chukka | 540 |
| Perfection in every bite | |
| Slow-Cooked Spicy Mutton Roast | |
| KCal : 280 100 gm | |
| <input checked="" type="checkbox"/> Aachi Eral Thokku | 700 |
| Where heritage meets the harvest of the sea | |
| Traditional Spicy Prawn Masala | |
| KCal : 190 100 gm |  |
| <input checked="" type="checkbox"/> Vanjaram Meen Varuval | 480 |
| For the true seafood connoisseur | |
| Crispy South Indian Style Seer Fish | |
| KCal : 220 100 gm |  |

FROM OUR TANDOOR POT

| | |
|---|---|
| <input checked="" type="checkbox"/> Malai Paneer Tikka | 370 |
| Savour the delicate taste of the tandoor | |
| Delectable Cottage Cheese Infused with Cardamom Cream | |
| KCal : 220 100 gm |    |
| <input checked="" type="checkbox"/> Veg Seekh Kebab | 350 |
| A masterpiece of minced greens | |
| Garden-Fresh Vegetables Skewered and Char-Grilled to Perfection | |
| KCal : 160 100 gm |    |

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| | |
|--|--|
| <input checked="" type="checkbox"/> Murgh Tikka | 450 |
| The Tikka that packs a punch Succulent Chicken Morsels Marinated in Artisanal Spices KCal : 200 100 gm |                     |
| <input checked="" type="checkbox"/> Tandoori Chicken | 450 |
| To Make This King of Kebab Truly Magnificent, Our Masters Roast the Chicken after Curing It in a Herbal Marinade KCal : 230 100 gm |                   |
| <input checked="" type="checkbox"/> Mutton Seekh Kebab | 560 |
| Heritage on a skewer Spiced Minced Lamb, Flame-Grilled for Smoky Depth KCal : 285 100 gm |    |

FROM OUR WOK STATION

Succulent, spicy and so good!
Try our various delicacies in an assortment of sauces - Chinese Style

| | |
|--|---|
| <input checked="" type="checkbox"/> Manchurian | 370 |
| Gobi / Paneer / Babycorn KCal : 170 100 gm |    |
| <input checked="" type="checkbox"/> Salt & Pepper | 370 |
| Mushroom / Babycorn KCal : 260 100 gm |    |
| <input checked="" type="checkbox"/> Chicken | 450 |
| Chilli / Schezwan / Hot Garlic KCal : 180 100 gm |     |
| <input checked="" type="checkbox"/> Prawn | 700 |
| Chilli / Schezwan / Hot Garlic KCal : 190 230 gm |     |
| <input checked="" type="checkbox"/> Fish | 480 |
| Chilli / Schezwan / Hot Garlic KCal : 180 230 gm |     |

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STAPLES

All-time favorites in 2 famous cooking styles,
choose from Schezwan or Shanghai and enjoy!

Choose Your Staples - Fried Rice / Noodles

| | |
|---|-----|
| <input type="checkbox"/> Prawn | 700 |
| KCal : 360 240 gm     | |
| <input type="checkbox"/> Chicken | 410 |
| KCal : 320 240 gm     | |
| <input type="checkbox"/> Egg | 360 |
| KCal : 277 240 gm    | |
| <input type="checkbox"/> Vegetable | 340 |
| KCal : 230 240 gm   | |

FROM OUR INDIAN CURRY POT

| | |
|---|-----|
| <input type="checkbox"/> Paneer Butter Masala | 370 |
| Pure indulgence on a plate Silken Paneer Cubes in a Decadent Tomato-Butter Emulsion KCal : 300 100 gm   | |
| <input type="checkbox"/> Paneer Tikka / Malai / Achari | 370 |
| A melt-in-the-mouth smoky masterpiece Tandoor-Charred Cottage Cheese Marinated in Curated Signature Gravies KCal : 310 100 gm   | |
| <input type="checkbox"/> Vegetable Jalfrezi | 360 |
| A vibrant vegetable medley Seasonal Harvest Sautéed in Tangy Heritage Spices KCal : 150 100 gm   | |
| <input type="checkbox"/> Aloo / Gobi / Mushroom / Green Peas / Palak Jeera / Mixed Vegetables Masala | 360 |
| Boldly spiced and beautifully balanced A melange of Garden Vegetables in Robust Masala KCal : 170 100 gm  | |
| <input type="checkbox"/> Dhal Tadka / Makhani | 320 |
| Pure comfort with a spark of spice Tempered Yellow Lentils or Slow-Simmered Buttery Black Lentils KCal : 210 100 gm  | |

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| | |
|---|-----|
| <input checked="" type="checkbox"/> Chicken Chettinad | 450 |
| The timeless taste of Karaikudi | |
| Peppery Roasted Chicken Reflecting Authentic South Indian flavours | |
| KCal : 220 100 gm    | |
| <input checked="" type="checkbox"/> Mutton Varutha Curry | 560 |
| Tradition you can taste in every morsel | |
| Tender Lamb Slow-Braised in a Scorched Spice Reduction | |
| KCal : 380 100 gm  | |
| <input checked="" type="checkbox"/> Prawn Masala | 700 |
| The golden treasure of the Southern shore | |
| Coastal Prawns Simmered in a Fragrant Aromatic Infusion | |
| KCal : 190 100 gm  | |
| <input checked="" type="checkbox"/> Butter Chicken Masala | 450 |
| Rich, royal, and remarkably smooth | |
| Tandoori Chicken Swirled in a Rich Buttery Gravy | |
| KCal : 320 100 gm   | |
| <input checked="" type="checkbox"/> Kadai Murgh | 450 |
| A bold medley of heat and heritage | |
| Pan-Tossed Chicken Seasoned with Hand-Crushed Coriander Seeds | |
| KCal : 240 100 gm  | |
| <input checked="" type="checkbox"/> Mutton Rogan Josh | 560 |
| An aromatic masterpiece from the Kashmir Valley | |
| Kashmiri-Style lamb Perfumed with Alkanet and Ginger | |
| KCal : 280 100 gm  | |

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FROM OUR TANDOORI POT

| | |
|---|-----|
| <input checked="" type="checkbox"/> Roti | 120 |
| KCal : 110 100 gm  | |
| <input checked="" type="checkbox"/> Tandoori Paratha | 130 |
| KCal : 240 100 gm  | |
| <input checked="" type="checkbox"/> Naan | 120 |
| KCal : 280 100 gm  | |

FROM OUR RICE POT

| | |
|---|-----|
| <input checked="" type="checkbox"/> Vegetable Biryani | 400 |
| A fragrant masterpiece of rice and vegetables Fragrant Long-Grain Rice Layered with Saffron-Infused Vegetables | |
| Kcal : 230 100 gm   | |
| <input checked="" type="checkbox"/> Curd Rice | 300 |
| Simple, soothing and sincerely yours Tempered Creamy Yogurt Rice Garnished with Curry Leaves | |
| Kcal : 150 100 gm  | |
| <input checked="" type="checkbox"/> Bisi Bele Bath | 350 |
| The aromatic alchemy of rice and spice A Soulful Heritage Blend of Rice, Lentils and Tamarind | |
| KCal : 200 100 gm  | |
| <input checked="" type="checkbox"/> Choice of Pulao | 320 |
| Jeera / Green Peas / Mixed Vegetables / Mushroom / Paneer / Kashmiri | |
| A Fragrant offering of rice Delicate Basmati Rice Tossed with Aromatic Garden Accents | |
| KCal : 230 100 gm   | |



| | |
|---|---|
| <input checked="" type="checkbox"/> Steamed Basmati Rice | 200 |
| The perfect staple | |
| Fluffy, Aromatic Long-Grain Rice Steamed to Airy Lightness | |
| KCal : 120 100 gm | |
| <input checked="" type="checkbox"/> Chicken Biryani | 480 |
| Symphony of chicken and rice | |
| Preparation of Seasoned Chicken and Basmati Rice. Served with Raita | |
| Kcal : 280 100 gm |   |
| <input checked="" type="checkbox"/> Mutton Biryani | 560 |
| Classics are always in fashion! | |
| Preparation of Seasoned Mutton and Basmati Rice. Served with Raita | |
| Kcal : 280 100 gm |   |

BETWEEN MEALS

FOR THOSE IN-BETWEEN HUNGER PANGS!

10:30 AM - 12:30 PM & 03:30 PM TO 07:00 PM

FROM OUR CUTTING BOARD

(Choose your Bread - Whole Gluten or White Bread)

| | |
|--|---|
| <input checked="" type="checkbox"/> Sandwich | 350 |
| Plain / Toast / Grill | |
| A whopper of a sandwich | |
| Chicken Salami, Omelette, Sun Dried Tomato, Cheese and Crunchy Iceberg Lettuce | |
| KCal : 250 100 gm |    |
| <input checked="" type="checkbox"/> New York Club Sandwich | 350 |
| Plain / Toast / Grill | |
| A triple-decker tribute to the city that never sleeps | |
| A Layered Masterpiece Featuring Classic Premium Fillings | |
| KCal : 340 100 gm |   |
| <input checked="" type="checkbox"/> Sandwich | 400 / 440 |
| Egg / Chicken | |
| Classic comfort that hits the spot | |
| Artisanal Bread Layered with Savoury, Perfectly Seasoned Proteins | |
| KCal : 280 100 gm |    |

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Vegetarian Non - Vegetarian

FROM OUR FRYER

| | |
|---|-----|
| <input checked="" type="checkbox"/> Paneer / Mushroom 65 | 370 |
| KCal : 280 100 gm     | |
| <input checked="" type="checkbox"/> French Fries | 220 |
| KCal : 320 100 gm | |
| <input checked="" type="checkbox"/> Onion Garam Pakora | 290 |
| KCal : 240 100 gm  | |
| <input checked="" type="checkbox"/> Masala Papad | 200 |
| KCal : 70 100 gm | |
| <input checked="" type="checkbox"/> Vegetable Pakora | 290 |
| KCal : 200 100 gm  | |
| <input checked="" type="checkbox"/> Chicken 65 | 450 |
| KCal : 260 100 gm    | |
| <input checked="" type="checkbox"/> Eral Varuval | 700 |
| KCal : 240 100 gm   | |

DESSERTS

WE UNDERSTAND YOUR SWEET CRAVINGS!

| | |
|---|-----|
| <input checked="" type="checkbox"/> Choice of Ice Cream | 150 |
| Chocolate / Strawberry / Vanilla | |
| KCal : 180 100 gm    | 150 |
| <input checked="" type="checkbox"/> Gajar Halwa | 150 |
| KCal : 250 100 gm   | |
| <input checked="" type="checkbox"/> Gulab Jamun | 150 |
| KCal : 300 100 gm  | |
| <input checked="" type="checkbox"/> Brownie | 150 |
| KCal : 400 100 gm     | |

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BEVERAGES

| | |
|--|-----|
| <input checked="" type="checkbox"/> Seasonal Fresh Fruit Juice | 210 |
| KCal : 135 100 gm | |
| <input checked="" type="checkbox"/> Milkshake | 210 |
| KCal : 400 100 gm | |
| <input checked="" type="checkbox"/> Butter Milk | 140 |
| KCal : 140 100 gm | |
| <input checked="" type="checkbox"/> Lassi | 160 |
| KCal : 140 100 gm | |
| <input checked="" type="checkbox"/> Coffee | 90 |
| KCal : 90 100 gm | |
| <input checked="" type="checkbox"/> Tea | 80 |
| KCal : 80 100 gm | |
| <input checked="" type="checkbox"/> Aerated Beverages | 90 |
| KCal : 110 100 gm | |
| <input checked="" type="checkbox"/> Fresh Lime Soda / Water | 110 |
| KCal : 45 100 gm | |
| <input checked="" type="checkbox"/> Health Beverage | 140 |

EAT LOCAL

SAVOUR THE TASTE OF SOUTH
12:30 PM - 03:30 PM

| | |
|---|-----|
| <input checked="" type="checkbox"/> Parotta with Chicken Salna | 350 |
| KCal : 220 340 gm | |
| <input checked="" type="checkbox"/> Appam with Veg Stew | 350 |
| KCal : 220 340 gm | |
| <input checked="" type="checkbox"/> Adai Dosa with Milagai Chutney | 350 |
| KCal : 240 300 gm | |
| <input checked="" type="checkbox"/> Kozhi Varutha Curry with Kal Dosa | 480 |
| KCal : 340 300 gm | |
| <input checked="" type="checkbox"/> Meen Chatti Kuzhambu with Rice | 480 |
| KCal : 240 300 gm | |
| <input checked="" type="checkbox"/> Kappa Kilangu Payasam | 220 |
| KCal : 220 340 gm | |
| <input checked="" type="checkbox"/> Panjamirtham Kheer | 220 |
| KCal : 220 340 gm | |

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REGENCY
PALANI
BY GRT HOTELS

For more Details

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