

The logo for Atlantis, featuring a stylized 'A' composed of concentric, multi-colored lines (purple, blue, green, yellow, orange, red) and the word 'atlantis' in a lowercase, serif font, with each letter colored to match the 'A'.

Atlantis

Salads

Caesar Salad

- **Veg** (200 Calories Per 100g) 329
- ▲ **Grilled Chicken** (235 Calories Per 100g) 339
 (Romaine Lettuce, Croutons, Parmesan & Caesar Dressing)
- ▲ **Chicken, Egg & Avocado Salad** (255 Calories Per 100g) 339
 (Seared Chicken, Eggs, Avocado, Venerate)
- ▲ **Roasted Chicken Salad With Seasonal Fruit** (215 Calories Per 100g) 339
- ▲ **Green Salad** (64 Calories Per 100g) 299
 (Romaine Lettuce, Croutons, Parmesan & Caesar Dressing Chicken, Eggs, Avocado, Venerate)
- ▲ **Greek Salad** (147 Calories Per 100g) 329
 (Mixed Greens, Peppers, Cucumber, Tomato, Marinated Olives, Feta Cheese)
- ▲ **Organic salad** (159 kcal) 329
 (Green Lattuce, Apple, Orange Blackolive, Gherkins And Jalapinos Lime Honey Dressing)

Soups

Hot & Sour

- **Veg** (231 Calories Per 250ml) 319
- ▲ **Chicken** (235 Calories Per 250ml) 299
 (Romaine Lettuce, Croutons, Parmesan & Caesar Dressing)

Tom Yum/ Tom Kha

- **Veg** (223 Calories Per 250ml) 319
- ▲ **Chicken** (236 Calories Per 250ml) 299

Khow Suey

- **Veg** (222 Calories Per 250ml) 319
- ▲ **Chicken** (235 Calories Per 250ml) 299

Manchow

- **Veg** (345 Calories Per 250ml) 319
- ▲ **Chicken** (349 Calories Per 250ml) 299

■ **Vegetarian**
▲ **Non-vegetarian**



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Sweet Corn Soup

- **Veg** (236 Calories Per 250ml) 299
- ▲ **Chicken** (141 Calories Per 250ml) 319
- ▲ **Roasted Garlic Chicken** (351 Calories Per 250ml) 319
- ▲ **Cream Of Almond Chicken** (387 Calories Per 250ml) 319
- **Tomato & Basil Soup** (381 Calories Per 250ml) 299
 (Tomato, Basil, Cream)
- **Minestrone** (361 Calories Per 250ml) 299
 (Plum Tomato, Beans, Vegetables, Macaroni And Parmesan)
- **Mushroom Soup** (371 Calories Per 250ml) 299
- **Roasted Garlic Soup** (391 Calories Per 250ml) 299
- **Broccoli Almond Soup** (371 Calories Per 250ml) 299
- ▲ **Ghost Paya Shorba** (359 Calories Per 250ml) 319
 (Gosht paya shorba is a rich, flavorful, and deeply nourishing soup made from slow-cooked goat or lamb trotters (paya), simmered for hours with spices and herbs)

Appetizers

(Choice Of Non - Vegetarian)

- ▲ **Kung Pao Chicken** (460 Calories Per Serve) 519
 (Chicken, Peanuts, And Dried Red Chilies, Peppers, And Scallions)
- ▲ **Dragon Chicken** (374 Kcal Per Serve) 519
 (Crispy Chicken Tossed In A Slightly Spicy, Hot And Umami Dragon Sauce)
- ▲ **Kung Kratium** (377 Calories Kcal Per Serve) 739
 (Prawns Fried With Garlic, White Pepper, Fish Sauce, And Soy Sauce)
- ▲ **Indonesian Chicken Satay** (374 Kcal Per Serve) 519
 (With pickled vegetables and crunchy peanut sauce)
- ▲ **Kung Pao Shrimp** (349 Kcal Per Serve) 739
 (Shrimp, Peanuts, And Dried Red Chilies, Peppers, And Scallions)
- ▲ **Chicken Chilli** (450 Calories Per Serve) 519
 (Bell Peppers, Green Chilies, Soy Sauce, Red Chili Sauce)
- Manchurian**
- **Veg** (645 Kcal 160gml) 479
- ▲ **Chicken** (665 Kcal 160gm) 519
 (Crispy Fried Chicken Tossed In A Spicy, Tangy, And Slightly Sweet Sauce)

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▲ Cilantro Crusted Fish (456 Calories Per Serve) (Zesty Flavors Of Cilantro And Lime)	589
▲ Cajun Fish Finger (421 Calories Per Serve) (Crispy And Cajun Spices Flavorful Finger Infused Serve With Tater Sauce)	589
▲ Chicken Piccata (434 Calories Per Serve) (Comforting Italian Classic Made With Lemon, Butter And Capers)	519
▲ Shrimp Dynamite (484 Calories Per Serve) (Crispy, Fried Shrimp Coated In A Spicy Dynamite Sauce)	739
▲ Prawns Cocktail (484 Calories Per Serve) (Crispy, Fried Shrimp Coated In A Spicy Dynamite Sauce)	739
▲ Chicken Wings With Smoke Bbq Sauce (468 Calories Per Serve) (Garlic, Thyme And Olive Oil Marinated Chicken Wings Grilled With Bbq Glezed)	519
▲ Peri Peri Roast Chicken Wings / Prawns (428 Calories Per Serve) (Garlic, Peri Peri, Thyme And Olive Oil Marinated Chicken Wings Grilled)	519/739
▲ Bhatti Ke Jhinga (665 Kcal 160gm) (Charcoal roasted marinated in red masala, homemade spice and lemon)	739
▲ Masala Tawa Fish (718 Kcal 160gm) (Shallow-fried freshwater fish marinated in Kashmiri chilli paste, homemade spice and lemon)	589
▲ Ajwaini Mahi Tikka (649 Kcal 160gm) (Fish marinated in yoghurt, carom seeds and chilli mix, cooked in tandoor)	589
▲ Achari Chicken Tikka (649 Kcal 160gm) (Chicken morsels marinated in pickled chilli, yoghurt and lime, cooked in tandoor)	519
▲ Murg Malai Tikka (649 Kcal 160gm) (Barecued chicken morsels marinated in cream, cheese and cardamom)	519
▲ Tandoori Murg (745 Kcal 160gm) (Spring chicken cooked in tandoor marinated in yoghurt, pounded spices and malt vinegar HALF / FULL chicken)	519/899
■ Paneer Chilli Dry (366 Calories Per Serve) (Fried Paneer In A Sweet, Spicy, Hot, And Tangy Sauce)	479
■ Salt & Pepper Veg/Mushroom/Corn (356 Calories Per Serve) (Fresh Vegetables Stir-Fried With Aromatic Spices, Garlic, And Peppers)	479
■ Crispy Vegetable (346 Calories Per Serve) (Exotic Vegetables That Are Fried Until Golden And Crunchy Then Glazed In A Savory, Spicy, Or Sweet Sauce)	439

■ Vegetarian ▲ Non-vegetarian



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Kung Pao Potato (366 Calories Per Serve) (Crispy Fried Potatoes Tossed In A Spicy, Sweet, And Tangy Kung Pao Sauce)	439
Honey Chilli Potato (369 Calories Per Serve) (Deep-Fried Potato Fingers Tossed In A Glossy Sauce Of Honey, Chili Sauce, Soy Sauce, And Vinegar)	439
Korean Paneer (365 Calories Per Serve) (Crispy Paneer Is Tossed Into A Spicy Korean Sauce)	479
Cheese Corn Ball (416 Calories Per Serve) (Crispy, Golden-Brown Spheres With A Soft, Cheesy, And Savory Corn Filling)	479
Mexican Cigar Roll (436 Calories Per Serve) (Deep Fried Crispy Cigar Rolls Stuffed With Spicy Cheese And Mexican Mixture)	479
Mexican Nachos (468 Calories Per Serve) (Crisp tortillas topped with creamy corn, served with spicy salsa, cheese sauce)	479
Crispy Taco (586 Calories Per Serve) (Crispy tortillas loaded with veggies and cheese, served with salsa)	479
Cheese Chilli Stick (665 Kcal 160gm) (Crispy Fried Cheese Finger Cajun Spicy, Garlic Powder And Onion Powder Marinade)	479
Cottage Cheese Skewers (596 Calories Per Serve) (Paneer And Shashlik Are Coated In A Thick, Spiced Marinade)	479
Achari Paneer Tikka (625 Calories Per Serve) (Chicken morsels marinated in pickled chilli, yoghurt and lime, cooked in tandoor)	479
Malai Paneer Tikka (635 Kcal 160gm) (Barbecued cottage cheese marinated with cream, cheese and cardamom)	479
Hari Mirch Ka Paneer Tikka (645 Kcal 160gm) (Chillies, mint and coriander spiced cottage cheese kebab)	479
Malai Broccoli Kalimirch (625 Calories Per Serve) (Barbequed broccoli florets marinated with cream cheese and freshly grounded pepper)	479
Dahi Corn Kebab (645 Kcal 160gm) (Golden fried hung curd and American corn patty with ginger, chilli and coriander)	479

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 Non-vegetarian



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Bao

- ▲ **Peri Peri Chicken Bao** (372 calories per serve) 469
 (Soft Bun Filled With Spicy Peri-Peri Marinated Chicken)
- ▲ **Tandoori Chicken Mayo Bao** (369calories per serve) 469
 (Shrimp Marinated In Classic Indian Tandoori Spices And Served Soft, Fluffy Chinese Steamed Bao Bun)
- ▲ **Char Siew Bao** (395 calories per serve) 469
 (Fluffy Steamed Buns Filled With Sweet And Savory Chinese Barbecue Chicken)

Sushi

- ▲ **California Roll** (335 Calories calories per serve) 479
 (Imitation grilled chicken, Avocado, And Cucumber)
- ▲ **Dragan Roll** (433calories per serve) 479
 (Shrimp Tempura And Cucumber)
- ▲ **Cajun Fish Roll** (345 calories per serve) 699
 (Crunchy fish finger, Avocado, Cucumber)
- **Alaska Rall** (365 calories per serve) 699
 (Crunchy Cucumber, And Creamy Avocado)

Dim Sum

- **Spicy Asparagus** (368 Calories calories per serve) 439
 (Spicy Asparagus, With Chillies, Ginger And Garlic)
- ▲ **Guotie** (468 calories per serve) 469
 (Pan-Fried Dumplings Has A Crispy, Brownd Bottom And A Soft, Steamed Top)
- ▲ **Har Gow** (388 calories per serve) 469
 (Dumpling Filled With Fresh Shrimp And A Mixture Of Chicken And Bamboo Shoots)

■ Vegetarian
 ▲ Non-vegetarian



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Momos

Steam Momos (450 Calories Per Serve)

- Vegetarian 419
- ▲ Non-Vegetarian 479

Spicy Tandoori Momos (470 Calories Per Serve)

- Vegetarian 419
- ▲ Non-Vegetarian 479

Malai Momos (475 Calories Per Serve)

- Vegetarian 419
- ▲ Non-Vegetarian 479

Fried Momos (550 Calories Per Serve)

- Vegetarian 419
- ▲ Non-Vegetarian 479

Dim Sum

Mexican Tortillas And Burritos (380 Calories Per Serve)

- Vegetarian 419
- ▲ Non-Vegetarian 499

Shawarma (436 Calories Per Serve)

- Paneer 475
- ▲ Non-Vegetarian 529

Falafel With Hummus (468 Calories Per Serve)

479

Quesadilla (450 Calories Per Serve)

- Paneer 479
- ▲ Non-Vegetarian 529

- ▲ **Grilled Vegetable & Cheddar Cheese Sandwich** (428 calories 160gm) 479
(Zucchini, peppers, onion, sundried tomatoes and basil pesto mayo in toasted brown bread)

- ▲ **Bombay Masala Toasties** (427 calories 160gm) 429
(Spicy and tangy soft potato filling, chutneys and cheese in white bread)

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- ▲

Chicken Tikka Sandwich (628 calories 160gm)
 (Toasted white bread, seasonal salad greens and mint mayo)

499
- Club Sandwich** (828 calories 160gm)
 (Choice of toasted bread: Multigrain | Brown | White)
- **With seasonal greens, Potato patty cheese and pickles**

429
- ▲

With fried egg, roasted chicken, cheese, lettuce and pickles

499
- ▲

Piri Piri Chicken Burger (855 calories 160gm)
 (Crispy and spicy chicken patty, garlic mayo, lettuce, grilled peppers and cheese)

499
- **Achari Paneer Tikka Kathi Roll** (645 calories 160gm)
 (With peppers, tomatoes, onions and chutneys wrapped in a flaky paratha)

479
- ▲

Chicken Malai Tikka Kathi Roll (625 calories 160gm)
 (With peppers, tomatoes, onions and chutneys wrapped in flaky paratha)

529

PIZZA

- ▲

Pizza Margherita (919 calories Per Serve)
 (Tomato Sauce, Basil, Mozzarella)

439
- **Ortolano** (919 calories Per Serve)
 (Tomato, Corn Tomato, Pesto And Cheese)

479
- ▲

Affumicata (1119 calories Per Serve)
 (Smoked Chicken, Olive, Jalapeno, Cheese)

489
- Tandoori Pizza** (919 calories Per Serve)
- **Paneer**

439
- ▲

Chicken Tikka

489
- **Farm Style Grilled Vegetable** (919 calories Per Serve)

439

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CHOICE OF PASTA

Penne/Spaghetti/ Fusilli/ Macaroni (1046 calories Per Serve)

469/489

Choice Of Sauce

(Pomodoro/Arrabbiata Sauce/Ala Brese Sauce/Lamb Bolognaise/
Alfredo Sauce/ Carbonara Sauce)

Risotto (1046 calories Per Serve)

- ☐ Vegetarian 469
- ☐ Non-Vegetarian 489

(Ala Fungi/Ala Pesto/Ala Pescatore Sauce)

BAKED LASAGNA (946 calories Per Serve)

- ☐ Vegetable 499
- ☐ Chicken 549

(Layers of vegetables, spinach, corn, between sheets of pasta, baked to perfection)

Oriental & Western Mains

Thai Curry (1046 calories Per Serve)

469/489

- ☐ Vegetarian 589
- ☐ Non-Vegetarian 629

(Green/Red/Yellow)

Noodle (930 calories 160gm)

- ☐ Vegetable 459
- ☐ Chicken 479

(Hakka/Singapore/Schezwan/Chilli Garlic)

Fried Rice (630 calories 160gm)

- ☐ Vegetable 459
- ☐ Chicken 479

(Schezwan/Brunt Garlic)

Manchurian Gravy (729 calories 160gm)

- ☐ Vegetarian 459
- ☐ Non-Vegetarian 479

☐ Vegetarian ☐ Non-vegetarian



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■ Chilli Paneer (786 calories 160gm)	509
▲ Chicken Gravy (786 calories 160gm)	549
■ Exotic Vegetables In Hot Garlic Sauce (645 calories 160gm)	459
▲ Grilled Fish With Lemon Butter Sauce (634 calories 160gm)	589
(Us Musterd Pest Marinade Grilled Serve With Butter Vegetable, Messed Potato)	
▲ Grilled Chicken (610 calories 160gm)	619
(Marinade Grilled Chicken Serve With Butter Vegetable, Messed Potato)	
▲ Chicken Cordon Blue (610 calories 160gm)	619
(Chicken Breast Stuffed With Ham And Cheese, Breaded And Fried Golden Brown And Crispy Serve With Butter Vegetable, Messed Potato Mushroom Sauce)	
▲ Chicken Steak Mushroom/Pepper Sauce (731 calories 160gm)	619
(Chicken Breast Stuffed Serve With Butter Vegetable, Messed Potato)	

Mains

■ Paneer Aap Ki Pasand (731 calories 160gm)	509
(Jahangiri (575 Kcal 160gm), Makhani (662 Kcal 160gm), Lababdar (657 Kcal 160gm), Palak (657 Kcal 160gm)) (Paneer Preparation On Your Choice))	
■ Talhui Desi Junglee Dhingri (731 calories 160gm)	459
(Lightly Spiced Mixed Wild And Button Mushroom Tossed Withonion Tomato And Garlic)	
■ Kesar Malai Kofta Curry (430 calories 160gm)	509
(Fried cottage cheese dumplings stuffed with ginger, nuts, chilli simmered in a saffron and cashew rich gravy)	
■ Khumb Matar Masala (365 calories 160gm)	509
(Fresh button mushroom and green peas cooked in an onion gravy)	
■ Subz Dum Handi (379 calories 160gm)	469
(Seasonal vegetables cooked with onion, tomatoes and cashew nuts)	
■ Home Style Vegetarian Dish Of The Day	469
(Please ask the server for the seasonal vegetarian preparation)	
■ Dal Makhani (921 calories 140gm)	439
(Whole black lentils cooked overnight with tomatoes, butter and fresh cream)	

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Dal Tadka (499 calories 140gm) (Boiled yellow lentils tempered with garlic, onion, chilli and tomatoes)	419
Rajma Masala (721 calories 140gm) (Red kidney bean cooked with Kashmiri spices)	419
Pabjabi Kadi Pakoda (519 calories 140gm)	419
Masala Tawa Prawns (621 calories 140gm) (Prawns tossed with chillies, onion, tomatoes with spices and garnished with fresh cream and coriander leaves)	829
Malabar Fish Curry (591 calories 140gm) (Fish cooked with ginger, onion, tomato and coconut milk)	649
Butter Chicken (921 calories 140gm) (Chicken morsels cooked in a butter rich ginger, onion and tomato gravy garnished with cream and ginger)	549
Mutton Nalli Nihari (921 calories 140gm) (Rich, Slow-cooked Stew Made With Goat Or Lamb Shank Meat And Bone Marrow)	689
Rara Gosht (625 calories 140gm) (Chicken morsels cooked in a butter rich ginger, onion and tomato gravy garnished with cream and ginger)	549
Nargisi Kofta (635 calories 140gm) (mughlai Dish That Features Hard-boiled Eggs Encased In Spiced Minced Meat, Traditionally Lamb, Chicken)	689

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Accompaniments

Jeera Matar Pulao (435 calories 140gm)	299
Dal Khichdi (545 calories 140gm) (Slow-cooked rice and moong lentils tempered with cumin, served with curd)	339
Curd Rice (376 calories 140gm) (Soft Cooked Rice Mixed With Curd And Tempered With Mustard And Curry Leaves)	369
Steamed Basmati (299 calories 160gm) (Fresh button mushroom and green peas cooked in an onion gravy)	509

Dum Biryani

With Vegetable (454 calories 160gm)	459
With Chicken (692 calories 160gm)	589
With Gosht (734 calories 160gm)	639
Laccha Paratha (211 calories 70gm)	459
Naan (217 calories 70gm) (Plain Butter Ajwaini Mirch)	459
Kulcha (256 calories 120gm) (Plain Butter Ajwaini Mirch)	459
Roti (264 calories 60gm) (Tandoori Tawa Paratha Phulka)	459
Raita (272 calories 100gm) (Plain Vegetable Bhurani)	149

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Desserts

■ Rasmalai (331 calories Per Serve)	329
■ Gulab Jamun (344 calories Per Serve)	329
■ Gajar Halwa (339 calories Per Serve)	329
■ Moong Dal Halwa (339 calories Per Serve)	329
■ Rasgulla (331 calories Per Serve)	329
■ Hot Chocolate Brownie (331 calories Per Serve)	349
■ Cheese Cake (322 calories Per Serve)	369
■ Chocolate Lava Cake (334 calories Per Serve)	369
■ Apple Pie (339 calories Per Serve)	379
■ Walnut Pie (350 calories Per Serve)	379
■ Pastry (320 calories Per Serve)	379
(Fresh Button Mushroom And Green Peas Cooked In An Onion Gravy)	
■ Sizzling Brownie With Vanilla Ice Cream (431 calories Per Serve)	379
■ Ice Cream (431 calories Per Serve)	299
(Vanilla/Chocolate/American nut/Kesar pista/ Strawberry/ Butterscotch)	

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Cold Beverages

■ Fresh Juice (Watermelon/Orange/Sweet Lime/Pineapple)	279
■ Butter Milk (Plain/Masala)	229
■ Cold Coffee	299
■ Milk Shake	279
■ Lassi (Sweet/Salt)	279
■ Mineral Water	100
■ Aerated Drinks (250ml)	179
■ Tonic Water (300ml)	219
■ Energy drink (250ml)	329
■ Sparkling Water (330ml)	329
■ Fresh Lime	169

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