

# THE BEAK



MENU

# SALAD

**GHS** 

## Caesar Salad Classic

280

Crisp romaine lettuce, garlic croutons, bacon, parmesan cheese, anchiovies, dry tomato and creamy Caesar dressing.

Add chicken or shrimp for a protein boost

Add grilled chicken 300

Add grilled shrimp 350

# Quinoa Salad

200

Quinoa, Cucumber, Fresh Herbs. Top up with chicken or shrimp for a hearty option.

Add grilled chicken 250

Add grilled shrimp 300

#### Ghanaian Salad

250

Lettuce, tomatoes, onions, tuna, eggs, cabbage and baked beans..

#### Greek Salad

200

Fresh Tomato, Black Olives, Oregano, Red Onion, Feta Cheese, Lemon Mustard Sauce.

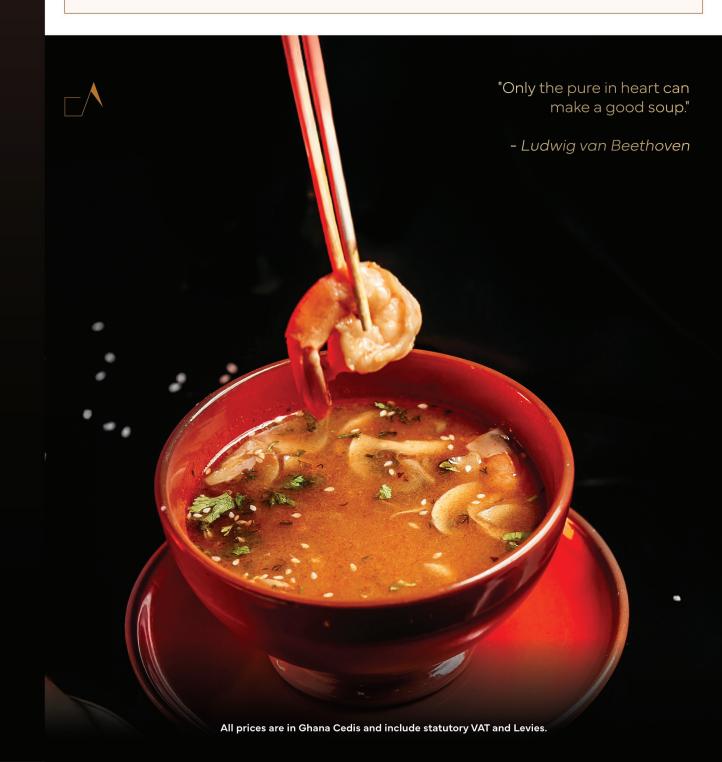
#### Chicken Kale Edamame \*\*\*\*\*

280

Shredded kale, grilled chicken and edamame.



SOUP	GHS
Seafood Tomato Soup A hearty tomato broth brimming with seafood and herbs.	250
Mushroom Soup Mushrooms, cream, and fresh thyme.	180
Lentil Soup Lentil, Cummin Powder, Croutons.	200



HOT APPETIZER	GHS
Samosa Vegetables Samosa	180
Chicken Samosa	200
Beef Samonsa	250
Spring Rolls Vegetable Spring Roll Choicken Spring Roll Shrimp Spring Roll	180 200 250
Fish & Chips	220
140g of battered white fish fillet fried to golden perfection, served with fries and tartar sauce.  Chicken Wings BBQ   Ghanaian Spice ****  Five pieces of chicken wings served with french fries.  Your choice of BBQ glaze or bold Ghanaian pepper spice.	200
Mozzarella Sticks Five fingers of breaded mozzarella cheese fried and served with fries.	200
Chcicken Nuggets	200

Five fingers of golden-battered chicken bites served with french fries.



BURGER	GHS
The Pelican Loaded Burger  180g of grilled beef patty with cheddar cheese, lettuce, tomatoes, and house sauce on a brioche bun.	300
Chicken Burger 180g of grilled chicken breast with cole slaw, pickles in a soft bun.	300
Salmon Burger *****  180g of pan-seared salmon patty, onion and toasted bun.	350

All burgers come with french fries.



PASTA	GHS
Penne Arrabiata Spicy tomato and garlic sauce tossed with penne pasta and chili flakes.	200
Spaghetti Bolognesse Classic Italian beef ragù simmered with tomatoes, garlic, and herbs over spaghetti.	200
Penne Alfredo Pasta Rich and creamy Alfredo sauce, chicken, oyster mushroom finished with parmesan cheese.	250
Add succulent garlic shrimp for a seafood twist, served in tomto sauce. 300	



FROM THE GRILL	GHS
Pork Ribeye with Honey 300g of tender pork ribs glazed with honey BBQ sauce and grilled to smoky perfection, served with creamy mashed potato.	380
Lamb Chops 300g of grilled lamb chops marinated in rosemary and garlic, served with mashed potato.	500
Beef Fillet 200g of premium fillet cut, grilled and served with french fries.	500
Mixed Grill (Kafta, chicken, beef) A medley of grilled chicken breast, lamb kafta, beef fillet served with pita bread and biwaz salad.	450
Kafta Khashkhash ***** 180g of minced lamb skewers served over tomato sauce with a side of french fries.	390
Chicken Butter Sauce Tender chicken breast in a creamy tomato-based curry with Indian spices served with plain rice.	200
Lamb Curry Slow-cooked lamb in a rich, spiced gravy with ginger, garlic, and cardarmon.	200
Vegetable Biryani	200

Aromatic rice layered with mixed vegetables, saffron, and Indian herbs.



# FROM THE OCEAN \_\_\_\_\_GHS

# Grilled Shrimp 600

200g of marinated shrimp grilled and served with garlic butter and a side of potato wedges.

## Whole Fish Fillet 500

500g fresh whole snapper fish fillet grilled to perfection with herbs and served with potato wedges.

#### Grilled Salmon 400

300

180g salmon steak served with herb butter and potato wedges.

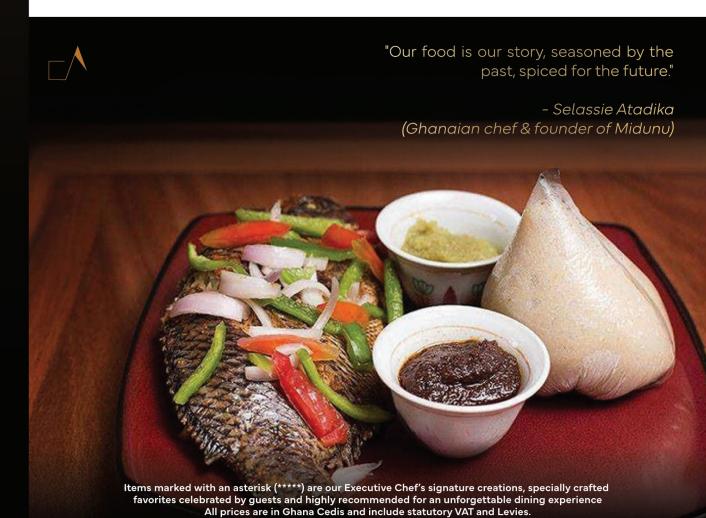
### Octopus with Honey \*\*\*\*\*

200g of chargrilled octopus drizzled with honey served with mashed potato.



## GHANAIAN DELIGHT\_ **GHS** Goat Light Soup 250 Spicy, aromatic goat meat soup with local herbs served with 100g of plain rice. Yam Palava Sauce 280 Boiled yam served with spinach stew made with agushi (melon seeds), palm oil, and smoked fish. 350 Spiced Guinea Fowl Slow-roasted guinea fowl marinated in Ghanaian spices, served with fried yam. Ghanaian Chicken Jollof \*\*\*\*\* 380 330g of grilled chicken served with Ghana's signature tomato rice and peri-peri shito sauce. Spicy Grilled Tilapia 300 Whole tilapia marinated in a blend of Ghanaian spices and slow grilled to perfection, served with crispy fried yam and a side of pepper sauce and shito. Red-Red with Fried Plantain 280 Slow-cooked black-eyed beans simmered in a rich, spiced tomato

and palm oil stew, served with fried ripe plantains.



# SWEET TOOTH \_\_\_ **GHS** Chocolate Mouse 150 Decadent whipped chocolate dessert with a silky texture and a hint of espresso. 150 Tiramisu Layers of espresso-soaked ladyfingers and mascarpone cream dusted with cocoa. Crepe Suzette \*\*\*\*\* 150 Thin crepes flamed with orange liqueur, butter-orange sauce and ice cream. 150 Seasonal Fruit Salad A refreshing mix of tropical fruits including mango, pineapple, watermelon, and papaya. 150 Zeppole \*\*\*\* Italian-style fried dough balls dusted with powdered sugar and filled with custard or chocolate.



# Our Commitment to Sustainability

Every dish we serve reflects our dedication to freshness, quality, and care for the planet. We proudly source seasonal produce from local farmers, select ingridients responsibly guided by sustainability programs, and partner with eco-conscious suppliers. By choosing thoughtfully, we ensure each plate delights you while respecting our environment and community.