



MAYFAIR SPA

RELAX, REFRESH & REJUVENATE





YOUR ABODE OF SERENITY

Step into MAYFAIR SPA, a tranquil haven designed to immerse you in an oasis of peace, where the soothing sounds of cascading water harmonize with lush greenery to create an ideal environment for relaxation and rejuvenation. Here, you can embark on a transformative journey that calms your body, refreshes your mind, and revitalizes your spirit.

Indulge in our signature spa treatments, meticulously crafted to guide you toward a state of profound tranquility. From exquisite touch therapies to invigorating body treatments, each service is thoughtfully designed to release tension and restore balance to your entire being.

For couples seeking deeper connection, our duo treatments provide a wonderful opportunity to bond in the serene ambiance of our spa sanctuary. Experience the ancient art of Ayurveda through our authentic therapies, which are rooted in timeless healing traditions and tailored to meet your individual needs.

Our luxurious facility features a Beauty Salon, Barber Shop, Bridal Room, and a dedicated Manicure-Pedicure area complete with a Nail Art station, ensuring you depart feeling pampered and polished.

Fitness enthusiasts will appreciate our state-of-the-art gymnasium, offering personal training options and a comprehensive wellness program to elevate your fitness journey. Join us at MAYFAIR SPA to explore the ultimate path to holistic wellness and blissful relaxation, where every moment is dedicated to your well-being.



THE MAYFAIR SIGNATURE DAY RETREATS

HIMALAYAN SALT & PINE SPARITUAL | 120 Minutes

The Mayfair signature Himalayan Salt & Pine Spa ritual begins with an exfoliating scrub by organic Himalayan pink salt mixed with powdered pine needles, seasonal flowers and essential oil rich in Vitamin C, Fibre and minerals, sheds off the dead skin cells, renews and provide a glowing skin.

A relaxing massage with an organic Orange & Jasmine essential oil soothes the deeper tissues, release the muscle tension and rejuvenate the skin.

ROMANTIC HIMALAYAN ESCAPE | 150 Minutes

Indulge in a luxurious Himalayan Spa escape starting with a revitalizing body exfoliation, designed to leave your skin silky smooth. Choose your preferred massage to unwind and soothe your senses. Afterward, luxuriate in a detoxifying body wrap for a complete rejuvenating journey.

To enhance your romantic getaway, immerse yourselves in the Couple steam & shower experience, where relaxation meets intimacy. Finally, savor a customized drink paired with delicious nibbles, culminating in the perfect end to your spa retreat.

THE MAYFAIR SIGNATURE | 90 Minutes

A signature Mayfair Spa experience begins with a detoxifying steam followed with an exfoliating green tea, native ginger scrub rich in antioxidants that help protect against cell damage, reduce cellulite, sheds off the dead skin cells, renews and provide a skin glow. A rhythmic massage with the combination of passive stretching, & deeper manipulation with our signature oils, helps to relax, renew and refresh your body and mind.

COUPLE SPA TREAT | 60/90 Minutes

The romance in the air is as tangible as a candle light, where the aroma of essential oils fills the air. Couples can indulge in a wonderful sensory experience together with the choice of Swedish, Aroma or Deep Tissue massage.

Follows an intimate steam and shower experience in a couple's suite.

*T&C apply





TOUCH THERAPIES

DEEP TISSUE MASSAGE | 60/90 Minutes

Designed to relieve pain & muscle tension throughout the body, this massage is extremely beneficial as it reaches the deepest layer of muscles, fascia (connective tissue surrounding the joints) and tendons. Deep tissue massage breakdowns the adhesions and provides a relaxing effect..

SWEDISH MASSAGE | 60/90 Minutes

The classical Swedish techniques where light to medium pressure is applied to the whole body with the combination of effleurage, tappotment and friction, stimulate circulation and reduces stress.

BALINESE MASSAGE | 60/90 Minutes

A traditional Indonesian massage is a combination of acupressure and holistic massage with gentle stretches to stimulate flow of blood, oxygen and “qi” (energy).

AROMA OIL MASSAGE | 60/90 Minutes

A traditional therapeutic massage that uses a choice of aromatic essential oils to suit your individual needs. The soft detoxifying massage with the pressure point stimulation helps in lymphatic & venous drainage to cleanse and purify.





MAYFAIR BODY TREATMENTS

GREEN TEA & SUGAR SCRUB | 30 Minutes

A signature natural scrub made with green tea, native organic ginger and moisturising butter which helps to clear the dead skin cells, remove tan and provide a toned glowing skin.

HIMALAYAN SALT & PINE SCRUB | 30 Minutes

A Himalayan pink salt and pine, rich in Vitamin C, Fibre and minerals, sheds off the dead skin cells, renews and provide a radiant& toned skin.

WHITENING WRAP | 30 Minutes

Whitening wrap helps to whiten your skin naturally. To brighten your skin, it's important to exfoliate regularly. These wraps are specifically formulated with marine nutrients and botanical to optimize skin health and well-being during treatments.

GREEN TEA DETOX WRAP | 30 Minutes

Detoxifying green tea & clay mask cocooning the whole body to remove the toxins & excess oil. This also prevent the skin irritation & cellulite formation providing an instant compact and toned feel.



MAYFAIR SKIN CARE BY JEANNOT

FACIALS BY JEANNOT

HYDRA BOOST | 60 Minutes

(Dry & Dehydrated skin types)

Hydra Boost - a go-to solution for dehydrated and slightly irritated skin, providing essential hydration and soothing care. At the core of Hydra Boost lies the power of algae and seaweeds, serving as the foundation of hydrating formulations. Featuring ingredients like Green Caviar and Seaweed, the products harness the rich bounty of marine algae, brimming with vitamins, minerals, proteins, and essential fatty acids which work synergistically to revitalize, nourish, and soothe your skin, leaving it feeling refreshed and rejuvenated.

Say goodbye to dryness and discomfort, and hello to a complexion that radiates with hydration and vitality.

INSTANT GLOW | 60 Minutes

(All skin type)

Instant Glow is the go-to solution for those seeking to revitalize tired, lackluster skin. This Skin care line is expertly crafted to breathe new life into dull complexions, delivering treatments that impart a luminous, even-toned effect.

At the heart of Instant Glow lies a bounty of fruits, carefully selected for their potent brightening properties. Featuring ingredients such as Vitamin C, AHA, Pink Grapefruit, and Sweet Orange Water, our formulations harness the power of nature's antioxidants, anti-inflammatory agents, and skin-balancing ingredients. These fruits work synergistically to brighten the skin, fade dark spots, and promote a revitalized, radiant complexion.



EXPRESS TREATS

DE-STRESS BACK MASSAGE | 30 Minute

An Ayurveda massage, focused on the complete back with large amounts of warm herbal oil, helps to balance the body's seven chakras and relieve back ache and stiffness.

FOOT MASSAGE | 30/60 Minute

Pressure is applied on fixed vital points of the feet that correspond with various organs in the body thereby improving overall blood circulation, stimulate & heal the particular organ.

FACE MASSAGE | 15 Minute

Curated to quiet the mind and release emotional tension stored in facial muscles. Slow, soothing strokes relax the forehead, eyes, and jaw, easing stress and promoting deep tranquillity. Perfect for guests seeking soft, glowing skin and complete mental relaxation.

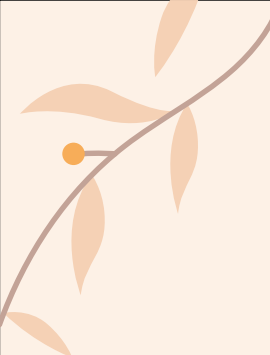
HEAD MASSAGE | 30 Minute

A soothing massage that focuses on relieving tension from the scalp, neck, and shoulders. Gentle, rhythmic strokes ease stress, promote relaxation, and leave you feeling light, calm, and refreshed

DAY USE-FITNESS / POOL | 60 Minute

*T&C apply





MAYFAIR SPA-PRICE LIST

MAYFAIR SALON SERVICES

HANDS & FEET

NAIL CARE (CUT &FILE)	
EXPRESS MANICURE/ PEDICURE	30 MINUTES
LUXURY MANICURE/ PEDICURE	60 MINUTES
DELUXE MANICURE/ PEDICURE	75 MINUTES

GENTS SALON

HAIR WASH (SHAMPOO & CONDITIONER)
HAIR SPA
HEAD MASSAGE

LADIES SALON

HAIR WASH (S/M/L)
HAIR TRIM / CUT
BLOW DRY
FRONT TOUCH UP (MAJIREL)
HAIR SPA (LOREAL)
CURL SETTING (S/M/L)
ROOT TOUCH UP (MAJIREL)
HAIR IRONING (S/M/L)

*T&C apply







UPPER LIP
CHIN
FOREHEAD
FULL FACE THREADING

THREADING

HALF LEG
FULL LEG
HALF ARMS
FULL ARMS
UNDER ARMS
BACK/ FRONT
FULL BODY WAXING
FACE (JAW LINE, UPPER LIP)
FULL FACE

WAXING (RICA)

SAREE DRAPING
PRE BRIDAL BEAUTY PACKAGE
(Threading, Waxing, Facial, Nail Care, Body Treatments, and Massage)

BRIDAL MAKEUP



*T&C apply



HOW TO SPA

RESERVATIONS

For a smooth and enjoyable experience at our Spa, we recommend booking of your appointment well in advance. If you arrive late due to unforeseen circumstances, we will make every effort to accommodate you, depending upon the availability. This might involve rescheduling your appointment or shortening your session to fit in other guests.

CANCELLATIONS

Failure to attend your appointment without prior cancellation will result in a full charge for the treatment. To reschedule an appointment, please provide an advance notice, subject to availability. A 10% cancellation fee applies, but if you cancel within 3 hours of your appointment, a 50% charge will be applied.

GIFT CERTIFICATE

Spa Gift vouchers are a popular gift for special occasions, such as birthdays, anniversaries, or holidays. They offer a convenient way for people to enjoy a luxurious spa experience. It's a customized gift card with the recipient's name, the gifting person (s) name (s) and a personal message from the gifting person. You can buy them either online or buy visiting any of our spas. The vouchers are purchased of a certain value and the recipient can avail a wellness service of his or her choice across any of our spa across MayFair Hotels & Resorts.

SPA ETIQUETTES

- **Mobile Phones:** Please turn off or silence your mobile phone and other electronic devices. We request minimal conversation to maintain the Spa's serene atmosphere.
- **Smoke and Alcohol:** Our Spa is smoke-free and alcohol-free zone. Guests under the influence of alcohol or drugs will not be treated.
- **Spa Attire:** Wear appropriate Spa attire (disposable underwear provided by the Spa) during your treatment.
- **Conduct:** The Management reserves the right to ask the guests to leave if they engage in inappropriate behaviour or disrupt the Spa's peaceful environment.

SPECIAL CONSIDERATIONS

- **Personal Items:** Remove spectacles, jewellery, watch or hearing aids to fully enjoy your treatment, as these items may interfere with the therapy.
- **Hydration:** Drink plenty of fluids before and after your treatment to stay hydrated.
- **Medical Conditions:** Please inform the Spa of any heart conditions, high blood pressure, pregnancy or other medical issues before your treatment.
 - Guests are advised to avoid strenuous exercise or physical activity for at least one to two hours after their treatment. This rest period allows you to fully experience the benefits of your therapy.
 - Before taking the Spa, Guests are requested to have a food interval of minimum one hour.
 - For men scheduling facial treatments, we recommend shaving a few hours prior to your appointment to ensure the best results.

We look forward to providing you with a relaxing and pleasant experience at MAYFAIR Spa!



MAYFAIR
Hotels & Resorts



SCAN ME

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/MayfairSpaIndia



mayfairhotelsandresortspa



www.mayfairhotels.com