

Being on the shores of the Bay of Bengal, L'attitude 49 is thrilled to offer you the freshest of seafood caught by the local fishermen.

fish

Ask your server for taday's catch.

prawns

Jumbo - Medium / Large

lobster & crab

Seasonal Catch

CHEF RECOMMENDED

asian steamed

With Garlic, Ginger, Green Onions, Chinese Mushrooms, Chillies, and finished with sesame oil.

asian pan fried

In a Malaysian Sambal Sauce / Singapore Chilli Sauce.

indian

Pan Fried Indian or South Indian masalas cooked in the tandoor with our home made masala.

continental

Grilled with crushed Black Pepper, Herbs, Garlic and Butter.

OUR CHEF WOULD LOVE TO MEET YOU TO DISCUSS YOUR PREFERENCES!

Please inform your server of any food allergies. *All applicable taxes extra. *5% service charge is levied.

SOUP

 Roasted Bell Pepper and Pumpkin 	275
 Cream of Mushroom 	275
Sweet Corn Soup - Veg / Chicken	275 / 300
 Manchow Soup - Veg / Chicken 	275 / 300
Hot and Sour Soup - Veg / Chicken	275 / 300
Mutton Broth	300

BOWLS

House Salad 375

Mixed Lettuce, Cherry Tomatoes, Cucumber, Seasonal Fruits & Vegetables with Lemon Olive Oil Dressing.

Vegan Bowl 375

Hummus, Crushed Rajma, Cherry Tomatoes, Quinoa, Walnuts. (573 Kcal)

Moroccan Bowl

475 / 575 / 675

Tofu / Chicken / Prown

Cauliflower Rice, Rice Peppers, Carrots, Lettuce, Cherry Tomatoes, Raisins, Hummus, Mint, Proteins tossed in Harissa Sauce, Tahini Dressing. (371/370/334 Kcal)

Protein Bowl

475 / 575 / 700

Tofu with Kidney Beans / Chicken with Egg / Prawn with Egg

Herbed Rice, Tomatoes, Cucumber, Purple Cabbage, Lettuce, Beets. (480/605/569 Kcal)



Vegetarian



DIMSUM

Prawn Har Gow	500
Chicken & Spring Onion	425
Spicy Chicken	400
Lotus Root & Celery	350
Cabbage & Carrot	350
Chicken Bao	425
Pepper Mushroom Bao	425

STARTERS

⊕ •	Assorted Breads with Dips	350
	Pita, Roti, Zatar Naan with 3 Assorted Dips	

- Sweet Potato Wedges

 Crusted Sweet Potatoes with Red Pepper and Garlic
- Urulai Roast
 Baby Potatoes tossed in Hand Pound Masalas
- Lotus Root & Peanuts in Chilli Oil and Soy 425 Fresh Lotus Root in a Light Batter and tossed with Homemade Chilli Sauce
- Garlic Sherry Mushrooms 450

 Button Mushrooms sautéed in Garlic and Sherry
- Mexican Fries 500 Fries, Chillies, Green Peppers, Tomatoes, Cheese & Green Onion

Heritage

Vegetarian



STARTERS





Karuvepilai Yera Varuval

Curry leaf flavoured Masala Fried Prawns

Vegetarian



800

FRUM HRUUND THE GLUBE
• Mac and Cheese Served with Garlic Bread 525
Veg 500 Chicken / Prawn 600 / 800 Spaghetti tossed in a Creamy Basil flavoured Tomato Sauce
Roast Chicken Half Chicken served with Mashed Potatoes and House Salad
Fish and Chips 825 Fish Fillet in a Light Batter, Crumb fried, served with house Tartar sauce
Teriyaki Chicken Bowl Sticky Rice, Teriyaki Chicken, Iceberg Lettuce, Cucumbers, Fried Egg, sprinkled with Sesame oil and Sesame seeds
Thai Green Curry Veg 500 Chicken / Prown 600 / 800 Pandan rice, curry with Thai spices, Vegetables, Fresh Basil, Kaffir Lime Leaf, Coconut Milk

Chongqing Fried Rice

Veg	325
Chicken / Prawn	350 / 400
Jasmine rice tossed with Xian Sauce	

Fried Rice

Veg	300
Egg / Chicken / Prawns	325 / 350 / 450
Jasmine rice cooked with Vegetables or Protein	

Heritage

Vegetarian



FROM AROUND THE GLOBE

> Nasi Lemak 525 Tofu Chicken & Egg / Fish & Egg 625 / 725 Pandan Rice served with choice of Protein in Spicy Malaysian Sambal Sauce with Peanuts, Cucumber & Tomato Kung Pao 425 Vegetables Chicken 525 Cashews, Bell Pepper and Carrots tossed in a Thick Sauce of Soy, Black Vinegar, Sesame Oil, Dried Chilli and Sichuan Peppers Chow Fan 350 Tofu

Singapore Laksa

Chicken / Prown

Veg 500
Chicken / Prawn 600 / 750
Singapore Favourite - Noodles, Chillies, Coconut Milk, Boiled Egg

Flat Rice Noodles, Dark Soy, Veggies, Chilli Garlic Sauce

Veg
Chicken / Prawn
350

Fresh Yellow Noodles tossed in Spicy Malaysian Sambal Sauce

Hakka Noodles

Veg
Chicken / Prawn
400 / 475
Fresh Noodles stir-fried with veggies and choice of protein

Korean Noodle Bowl

Tofu

Chicken / Prawn

650 / 750

Miso & Gochujang Broth, Chewy Noodles, Boiled Egg, Spinach, Corn, Kimchi



Vegetarian



375 / 450

CLAY POT SPECIALS



Prepared following an age-old style of cooking, the Clay Pot and Stone Pot render an unique flavour and experience to these wide array of dishes

Hong Kong Clay Pot Rice

Tofu & Mushroom	525
Chicken & Mushroom	575

Soy, Mushroom sauce & Spice infused Protein, Shitake and Veggies over rice

Balinese Clay Pot Rice

Tofu	525
Chicken & Egg	625
Prawn & Egg	725

Indonesian style gravy with Coconut Milk, Galangal, Kaffir Lime Leaves over Rice

Bibimbap

Tofu	525
Chicken & Egg	625
Prawn & Egg	725

Jasmine Rice served in a Hot stone bowl with Gochujang Chilly Sauce, Spinach, Carrot, Mushroom, Cucumber & Sesame Seeds

Satti Soru

Chicken	650
Mutton	950
Sea Food	1050

The slow cooking process infused the Rice with rich local flavours and essence of the choice of Protein



Vegetarian



SANDWICHES & BURGERS



• Grilled Bombay Cheese Toast

425

Thick Slices of White Bread, Red and Green Chutney, Cheddar, Mozzarella, Cucumber, Tomato and Red Onion

Add Chicken	100
Add Fried Egg	50

Pulled Chicken Sandwich

475

Grilled Sandwich with Shredded Roast Chicken, BBQ Sauce, Onion, Lettuce, Tomato and Cheddar Cheese

• Veg Burger 475

House made Patty of Beetroot, Chickpeas, Kidney Beans & Mushrooms with Mayonnaise, Tomato, Cheese and Lettuce

Crunchy Chicken Burger

575

Crispy fried Chicken Breast, Mayonnaise, Honey Mustard, Chilli Oil, Cheddar Slice, Tomato and Lettuce

All Burgers & Sandwiches are served with either Salad or Fries



Vegetarian



PREP TIME: 20 - 30 MINUTES

Gilafi Vegetable Sheekh Kebab Minced Vegetable in Skewer, with Spices and Red and Yellow Pepper	425
• Green Peas Tikki Crushed Green Peas, Onions, Ginger, Garlic, Spices & Seasonings	425
Tandoori Broccoli Florets of Broccoli marinated in Spiced Hung Curd	475
 Shakarkand Kebab Sweet Potato, Roasted Cumin, Hung Curd, Roasted Chickpea Marinad 	475 e
Paneer Tikka Cubed Cottage Cheese marinated with Yoghurt and Spices, cooked in Clay Pot	525
Mushroom Galouti Kebab Minced Mushroom Patty, Marinated and Grilled	525
Murgh Angara Kebab Skewered Boneless Chicken marinated with Hung Curd, roughly crush Roasted Jeera, Saunf, Coriander Seeds and flavoured with Garam Mas	
Murgh Malai Kebab Skewered Boneless Chicken marinated with Cheese, Cashew & Cream	525
Murgh Sheekh Kebab Minced Chicken with Spices, Cheese and Herbs cooked in skewer	525
Tandoori Chicken Half / Whole Medium Spiced Chicken, broiled in a Clay Oven 575 /	900
Fish Tikka Cubes of Fish marinated in Mustard Oil and Mustard Paste with Red Chilli, Green Chilli and Hung Curd	950

Please inform your server of any food allergies. Vegan, Vegetarian and Non-Gluten Options available. Ask your server for details. *All Applicable Taxes Extra. *5% Service Charge Levied.

Vegetarian

Chef Recommended

Heritage

INDIAN VEGETARIAN $\stackrel{<}{\sim}$



Paneer Tikka Mirch Lababdar Tandoor cooked Cottage Cheese in Tomato Gravy	550
Claypot Paneer Curry Chunks of Paneer, Marinated and Cooked in a Claypot with Tomato - Onion Masala and simmered in Coconut Milk	550
Mughalai Broccoli Skewered Broccoli Florets in a Creamy Cashew Gravy	550
Koon Oolarthiathe Mushrooms, Coconut Chunks and Cashew tossed in a Roasted Masale	550 a
Gucchi Mutter Zafrani Button Mushrooms and Green Peas cooked in a thick Saffron flavored Gravy of Cashew nuts and Yoghurt	600
Punjabi Saag Mustard Leaves, Fenugreek Leaves and Spinach cooked in Mustard Co and Mild Spices	650 Pil
Mixed Vegetable Curry Mixed Vegetables simmered in Onion - Tomato Gravy	650
Dum Aloo Banarasi Boiled Baby Potatoes cooked in a Rich Onion-Yoghurt Gravy	800
Guthi Vankayalu Baby Eggplants cooked in an Andhra influenced Masala	800
Dal Makhani Black Dal and Kidney Beans, cooked with Butter and Cream	800
Sri Lankan Lentil Curry Thoor Dhal, Coconut Milk, tempered with Rempa, Curry Leaf and Tom	800 atoes
Dal Tadka Moong Dal tempered with Spices	800



Vegetarian



INDIAN NON-VEGETARIAN

		\checkmark
	Egg Pepper Masala Boiled Eggs simmered with Black Pepper Spiced Curry	375
	Chicken / Prawns 650 / Mangalorean speciality made from Byadgi Chillies and Clarified Butter	
	Murgh Tikka Makhani Grilled Tandoor Chicken in a Creamy Tomato Sauce	575
	Kerala Chicken Curry Medium Spicy Chicken Curry cooked in a Roasted Masala with Cocond Milk	575 ut
	Singapore Chicken masala Chicken Cooked with Home made Masalas with Kafir Llme leaves and Crushed peanuts	575
?	Murgh Seekh Pasanda	575
	Chicken Seekh Kebab, cooked with Tomato Onion Creamy Gravy	
?	Claypot Fish Curry Cubes of Fish marinated and cooked in a Claypot with Tomato - Onio Masala and simmered in Coconut Milk	650 n
)	Prawn Thokku	800
	Prawns cooked in a Semi Gravy made of Onion, Tomato and Spices	
	Home Style Mutton Curry	900
	A Blend of Mutton and Potato Cubes cooked in locally available Spice	S
	Mutton Roganjosh	900
	Kashmiri Speciality	



Vegetarian



RICE AND BREADS



Steamed	Rice

Jasmine Rice	275
Basmati Rice	200
Ponni Rice	150
Ghee Rice Basmati Rice with Ghee & Fried Cashew	300
Pulao	300
Vegetables / Peas / Jeera	
Cheese Naan / Garlic Naan	185
Masala Kulcha / Aloo Paratha / Paneer Paratha	175
Naan / Butter Naan	125 / 150
Phulka / Chapathi	125
Laccha Paratha	125
Roti	100



Surul Paratha

Vegetarian

Chef Recommended

100