



Spa





Body Therapies

Therapy	Duration	Rate	Description
Scandinavian Therapy	60min / 90min	3100/4100	A form of manual medicine based on Naprapathic techniques, focusing on gentle relaxation, progressive mobilization of joints and soft tissues to reduce inflammation, improve range of motion, and manage pain. It is often used for joint rehabilitation, nerve.
American Deep Tissue	60min / 90min	3100/4100	This is a therapeutic, intensive massage technique focusing on deeper muscle layers and connective tissues (fascia) to treat chronic pain, injuries, and severe tension. It utilizes slow, deliberate strokes and intense pressure - often using elbows or forearms - to break down adhesions and, promote faster healing.
Indonesian Therapy	60min / 90min	3100/4100	This often known as pijat or urut, is a traditional, holistic healing practice combining reflexology, acupressure & stretches to boost circulation, relieve muscle tension, and reduce stress. These techniques frequently incorporate olive oils to enhance relaxation and treat ailments like colds or muscle aches.

All the above are exclusive of taxes

Our Signature Therapies

Therapy	Duration	Rate	Description
Couple Therapy (Full Oil)	90 Mins	7100	This is a form of psychotherapy designed to help couples improve their relationship. It helps with communication, conflict resolution, and rebuilding trust.
Couple Therapy (60 Min Oil + 30 Min Scrub)	90 Mins	8100	This is a shared spa experience designed for two people—typically romantic partners, friends, or family—to relax, detoxify, and bond in the same private room. It combines a full-body oil massage for deep muscle relaxation with a body exfoliation scrub treatment to revitalize the skin, usually followed by a shower.
Signature Thai Therapy	90 Mins	4500	Therapy is a specialized, often branded, full-body treatment combining aromatherapy or, oil massage techniques. It aims to balance energy lines, improve flexibility, and reduce tension by integrating deep pressure and gentle, yoga-like stretches. These sessions often feature enhanced comfort, such as warm oils and, luxurious, surroundings.
Thai Herbal Compress Therapy	90 Mins	4500	Thai Herbal Compress Therapy, or Luk Pra Kob, is an ancient traditional Thai medical technique that uses steamed, muslin-wrapped bundles of therapeutic warm bag herbs applied to the body. It combines heat therapy, aromatherapy, and herbal medicine to relieve muscle tension, reduce pain, increase circulation, and boost deep relaxation

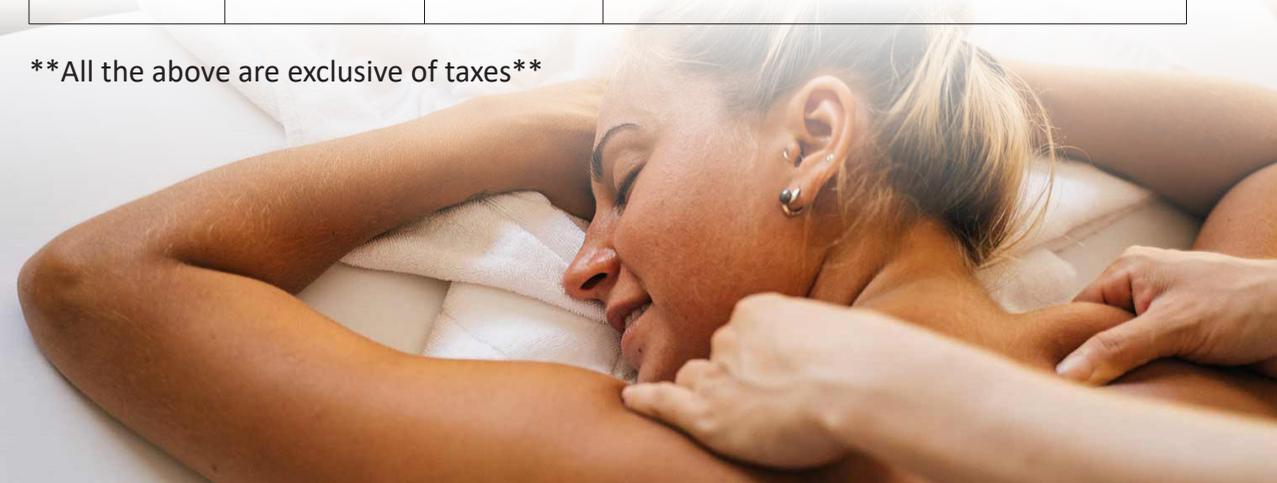
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Thai Therapy

Therapy	Duration	Rate	Description
Traditional Thai Head Massage	30 Mins	1500	Traditional Thai Head Massage is a therapeutic, often “dry” (no oil) technique focusing on the head to relieve tension, headaches, and stress. Utilizing acupressure, and rhythmic motions, it aims to release energy blockages along “sen” lines. This practice is known to improve circulation, enhance flexibility in the upper body, and promote deep relaxation
Aroma OIL Therapy	60 min/ 90 min	2900/3900	Aromatherapy is the use of essential oils to improve your health or well-being. You may apply essential oils (properly diluted) to your skin through techniques like massage. Aromatherapy is a practice based on the use of aromatic materials, including essential oils and other aroma compounds, with claims for improving psychological well-being.
Aroma Cream Therapy	60 min/ 90 min	3000/4000	Aroma Cream Therapy (often referred to within the broader field of Aromatherapy or Cosmetic Aromatherapy) is a therapeutic and beauty practice that involves the topical application of specialized creams containing concentrated essential oils. These creams are designed to improve both physical and mental well-being by combining the benefits of massage, skin hydration, and the aromatic effects of plant extracts.
Balinese Therapy	60 min/ 90 min	2900/3900	A traditional, holistic, full-body treatment originating from Indonesia, designed to harmonize mind and body through a blend of deep tissue massage, acupressure, reflexology, and aromatherapy. It uses techniques like skin rolling, kneading, and gentle stretching to improve circulation, relieve tension, and boost energy flow.

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Foot Reflexology Therapies

Therapy	Duration	Rate	Description
Foot Nuad Thad Oil	30 Mins	1500	The specialized, therapeutic oil used during a Thai Foot Massage or a broader Nuad Thai Oil Massage. "Nuad Thai" translates to traditional Thai massage, and when combined with oil, it blends traditional acupressure with aromatherapy and deep tissue techniques to provide relaxation and pain relief.
Foot Nuad Thad Cream	30 Mins	1600	A specialized, often herbal-infused, lotion or cream used during Traditional Thai foot massages to relax muscles, improve circulation, and hydrate skin. It is designed to facilitate smooth, firm pressure-point stimulation along the feet's energy lines (Sen lines) to reduce tension, alleviate soreness, and promote detoxification.
Back & Shoulders	30 Mins	1600	A targeted, therapeutic treatment focusing on releasing tension, knots, and stiffness in the upper body, specifically the neck, shoulders, and back. Ideal for relieving pain from sedentary jobs, it uses techniques like kneading, effleurage, and trigger point therapy to improve circulation, flexibility, and relaxation.

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