

MAYFAIR SPA

RELAX, REFRESH & REJUVENATE





YOUR ABODE OF SERENITY

Step into MAYFAIR SPA, a tranquil haven designed to immerse you in an oasis of peace, where the soothing sounds of cascading water harmonize with lush greenery to create an ideal environment for relaxation and rejuvenation. Here, you can embark on a transformative journey that calms your body, refreshes your mind, and revitalizes your spirit.

Indulge in our signature spa treatments, meticulously crafted to guide you toward a state of profound tranquility. From exquisite touch therapies to invigorating body treatments, each service is thoughtfully designed to release tension and restore balance to your entire being.

For couples seeking deeper connection, our duo treatments provide a wonderful opportunity to bond in the serene ambiance of our spa sanctuary. Experience the ancient art of Ayurveda through our authentic therapies, which are rooted in timeless healing traditions and tailored to meet your individual needs.

Our luxurious facility features a Beauty Salon, Barber Shop, Bridal Room, and a dedicated Manicure-Pedicure area complete with a Nail Art station, ensuring you depart feeling pampered and polished.

Fitness enthusiasts will appreciate our state-of-the-art gymnasium, offering personal training options and a comprehensive wellness program to elevate your fitness journey. Join us at MAYFAIR SPA to explore the ultimate path to holistic wellness and blissful relaxation, where every moment is dedicated to your well-being.



THE MAYFAIR SIGNATURE DAY RETREATS

SIGNATURE GREEN TEA RITUAL | 120 Minutes

Mayfair Tea Resort Siliguri offers a signature green tea ritual begins with an exfoliating scrub with the green tea and brown sugar, sheds off the dead skin cells, renews and provide a glow to the skin.

This followed with a detoxifying green tea & clay mask cocooning the whole body to remove the toxins, excess oil and prevent skin irritation & cellulite formation.

A relaxing massage with an organic Chandan (sandalwood) oil soothes the deeper tissues, rejuvenate the skin and release the muscle tension

ROMANTIC COUPLE GETAWAY | 180 Minutes

Indulge in a luxurious romantic getaway with your partner, starting with a revitalizing body exfoliation, designed to leave your skin silky smooth. Choose your preferred massage to unwind and soothe your senses. Afterward, luxuriate in an encapsulating body wrap with a calming head massage for a complete rejuvenating journey.

To enhance your romantic getaway, immerse yourselves in an aromatic bath experience, where relaxation meets intimacy. Finally, savor a customized drink paired with delicious nibbles, culminating in the perfect end to your spa retreat.

THE MAYFAIR SIGNATURE | 90 Minutes

A signature Mayfair Spa experience begins with a detoxifying steam followed with organic green tea and brown sugar scrub to exfoliate the dead skin cells, followed with a rhythmic massage with the combination of passive stretching, & deeper manipulation with our signature oils, helps to relax, renew and refresh your body and mind.

COUPLE SPA TREAT | 60/90 Minutes

The romance in the air is as tangible as a candle light, where the aroma of essential oils fills the air. Couples can indulge in a wonderful sensory experience together with the choice of Swedish, Aroma or Deep Tissue massage.





TOUCH THERAPIES

DEEPTISSUE MASSAGE | 60/90 Minutes

Designed to relieve pain & muscle tension throughout the body, this massage is extremely beneficial as it reaches the deepest layer of muscles, fascia (connective tissue surrounding the joints) and tendons. Deep tissue massage breakdowns the adhesions and provides a relaxing effect.

SWEDISH MASSAGE | 60/90 Minutes

The classical Swedish techniques where light to medium pressure is applied to the whole body with the combination of effleurage, tappotment and friction, stimulate circulation and reduces stress.

BALINESE MASSAGE | 60/90 Minutes

A traditional Indonesian massage is a combination of acupressure and holistic massage with gentle stretches to stimulate flow of blood, oxygen and “qi” (energy).

AROMA OIL MASSAGE | 60/90 Minutes

A traditional therapeutic massage that uses a choice of aromatic essential oils to suit your individual needs. The soft detoxifying massage with the pressure point stimulation helps in lymphatic & venous drainage to cleanse and purify.

THAI MASSAGE | 60/90 Minutes

Traditional Thai massage is an ancient healing system that combines broad and targeted acupressure points stimulation, and manipulation of energy lines called Zen. A dry stretch based Massage to improve the flexibility, tone the Muscles, tighten the skin and provide lightness to the whole body.

HOT STONE MASSAGE | 90 Minutes

Hot stone massage is a unique treatment where therapists use smooth heated basalt stones to massage the focal points on the body to give a deep sensation of utter relaxation steeped in comforting warmth.



AYURVEDA HEALING THERAPIES

ABHYANGAM | 60/90 Minutes

A traditional Ayurveda massage, having a long friction based strokes with extravagant amount of warm herbal oil, which helps to generate the warmth within the body and skin, enhance the circulation, stimulates the vital points and balance the body & mind

CHOORNASWEDAM | 60/90 Minutes

Like warm herbal oil is poured in a continuous stream on the forehead, while receiving a gentle massage on the forehead. This therapy not only rejuvenates & revitalizes the body and mind, but also relieves stress and strain-related problems.

Begins with the Abhyangam which is a friction based whole body massage to prepare the body to go through the meditative session of Shirodhara.

MAYFAIR BODY TREATMENTS

GREEN TEA & SUGAR SCRUB | 30 Minutes

The green tea and sugar body scrub help to clear the dead skin and cells. Most of the time it is not tan but the cells that your body sheds get accumulated and give you a darker shade. This exfoliating treatment purifies the skin and enhances the glow

COFFEE SCRUB | 30 Minutes

Coffee scrubs are considered to be one of the most effective exfoliating skincare products that not only removes tan but also helps give you radiant skin and even out your skin tone. A natural body scrub made of coffee is effective without being harsh. In short, your beauty routine will benefit greatly if you add coffee scrubs to it.

WHITENING WRAP | 30 Minutes

Whitening wrap helps to whiten your skin naturally. To brighten your skin, it's important to exfoliate regularly. These wraps are specifically formulated with marine nutrients and botanicals to optimize skin health and well-being during treatments.



GREEN TEA DETOX WRAP | 30 Minutes

Detoxifying green tea & clay mask cocooning the whole body to remove the toxins & excess oil. This also prevent the skin irritation & cellulite formation providing an instant compact and toned feel.

MAYFAIR SKIN CARE BY COMFORTZONE

HYDRA MEMORY | 60 Minutes

Deep Hydrating treatment to combat dehydration and dryness which gives the skin a new life.

SOOTHING REMEDY | 60 Minutes

The advanced professional solution to soothe, renew & strengthen sensitized & redness-prone skin.

HYDRA MEMORY ADVANCED | 70 Minutes

A deeply hydrating, antioxidant treatment for face, neck and décolleté. Leaves the skin hydrated and silky. Restores compactness, nourishment and luminosity.

ACTIVE PURENESS BIPHASIC | 70 Minutes

A deep cleansing, rebalancing and purifying treatment which restores the impure skin, normalizes sebum production and reduces the appearance of pores, blackheads & skin imperfections.

SUBLIME SKIN DOUBLE PEEL | 70 Minute

Skin treatment which stimulates the face, neck and décolleté. This treatment stimulates the renewal of epidermal cells and improves the appearance of soft and premature wrinkles.



SUBLIME SKIN ACTIVE LIFTING | 90 Minute

An anti-aging re-densifying and lifting treatment for the face & neck. It restores the volume of the face, improves tone & reduces wrinkle depth.

MAYFAIR SKIN CARE BY MINTREE

SIGNATURE MINERAL MUD FACIAL | 60-90 Minute

(All Skin Types) – for dull, tanned and tired skin

Mayfair signature organic facial features muskmelon, raspberry, and mineral muds to brighten and lighten your complexion. Enriched with kukui oil and vitamin E-rich wheat germ oil, it offers anti-inflammatory and anti-redness benefits, soothing and moisturizing the skin.

The luminous peel-off mask is a nutrient-dense treatment with exceptional anti-aging properties, thanks to Moroccan and French clays. These clays, sourced from Estonia's Kaina Bay—the world's cleanest bay—contain 94% bio-minerals. The mask is rich in amino acids, humic, and fulvic acids, which repair skin cells, maintain structural integrity, and boost collagen production

AGE LOCK YOUTH RESTORATIVE FACIAL | 60-90 Minute

(Matured and dry skin types)

Experience the rejuvenating effects of our organic age-defying facial, enriched with Kakadu plum, pomegranate enzyme, jojoba oil, French pink clay, and mineral-rich mud. This treatment not only delays the signs of aging but also hydrates and plumps the skin by enhancing collagen production while minimizing wrinkles and fine lines. Infused with ginseng oil, it further boosts collagen synthesis and helps reduce puffiness and inflammation for a youthful, radiant complexion.

BLACK PEAT MUD MASK | 45 Minute

Seeking a renewed, healthy glow in your 30s or 40s? This mask is magical. Made from the mineral-rich region of Estonia this bio-filter mud makes your skin radiant and glowing in one use. The infusion of Goji berry extract, Chamomile extract and witch hazel cleanse and tone the skin. Suitable for all skin types this peat face mask intensely hydrates and nourishes your skin.





EXPRESS TREAT

MINI FACIAL | 30 Minutes

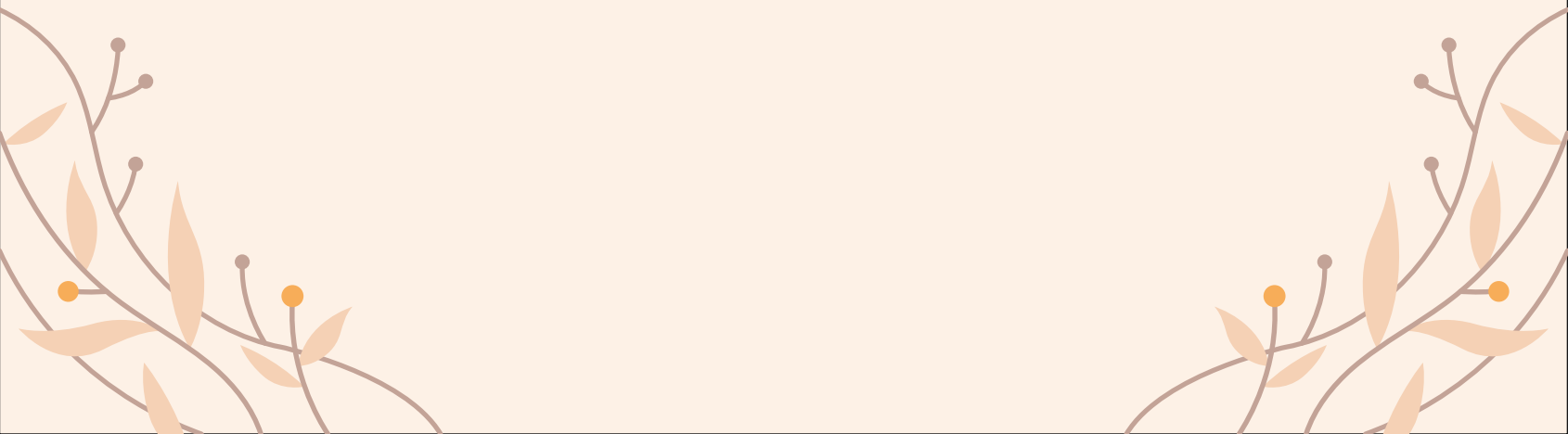
Three-step therapy to remove pollution impurities & to bless the skin with a fresh glowing appearance.

DE-STRESS BACK MASSAGE | 30 Minutes

An Ayurveda massage, focused on the complete back with large amounts of warm herbal oil, helps to balance the body's seven chakras and relieve backache and stiffness.

FOOT MASSAGE/REFLEXOLOGY | 30-60 Minutes

Pressure is applied on fixed vital points of the feet that correspond with various organs in the body thereby improving overall blood circulation, stimulate & heal the particular organ.





HOW TO SPA

RESERVATIONS

For a smooth and enjoyable experience at our Spa, we recommend booking your appointment in advance. If you arrive late due to unforeseen circumstances, we will make every effort to accommodate you, depending on availability. This might involve rescheduling your appointment or shortening your session to fit in other guests.

CANCELLATIONS

Failure to attend your appointment without prior cancellation will result in a full charge for the treatment. To reschedule an appointment, please provide advance notice, subject to availability. A 10% cancellation fee applies, but if you cancel within 3 hours of your appointment, a 50% charge will be applied.

SPA ETIQUETTES

- **Mobile Phones:** Please turn off or silence your mobile phone and other electronic devices. We request minimal conversation to maintain the Spa's serene atmosphere.
- **Smoke and Alcohol:** Our Spa is smoke-free and alcohol-free. Guests under the influence of alcohol or drugs will not be treated.
- **Spa Attire:** Wear appropriate Spa attire (disposable underwear provided by the Spa) during your treatment.
- **Conduct:** The Management reserves the right to ask guests to leave if they engage in inappropriate behaviour or disrupt the Spa's peaceful environment.

SPECIAL CONSIDERATIONS

Personal Items: Remove spectacles, eyewear, or hearing aids to fully enjoy your treatment, as these items may interfere with the therapy.

Hydration: Drink plenty of fluids before and after your treatment to stay hydrated.

Medical Conditions: Please inform the Spa of any heart conditions, high blood pressure, or other medical issues before your treatment.

Guests are advised to avoid strenuous exercise or physical activity for at least one to two hours after their treatment. This rest period allows you to fully experience the benefits of your therapy.

For men scheduling facial treatments, we recommend shaving a few hours prior to your appointment to ensure the best results.

We look forward to providing you with a relaxing and pleasant experience at MAYFAIR Spa!





MAYFAIR SPA
RELAX, REFRESH & REJUVENATE



MAYFAIR
Hotels & Resorts



SCAN ME

Contact us: +91 82509 99848



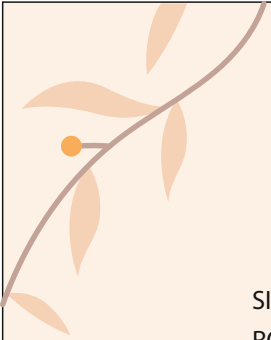
/MayfairSpaIndia



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www.mayfairhotels.com



MAYFAIR SPA-PRICE LIST

THE MAYFAIR SIGNATURE DAY RETREATS

SIGNATURE GREEN TEA RITUAL	120 Minutes
ROMANTIC COUPLE GETAWAY	180 Minutes
THE MAYFAIR SIGNATURE	90 Minutes
COUPLE SPA TREAT	60/90 Minutes

TOUCH THERAPIES

DEEP TISSUE MASSAGE	60/90 Minutes
SWEDISH MASSAGE	60/90 Minutes
BALINESE MASSAGE	60/90 Minutes
AROMA OIL MASSAGE	60/90 Minutes
THAI MASSAGE	60/90 Minutes
HOT STONE MASSAGE	90 Minutes

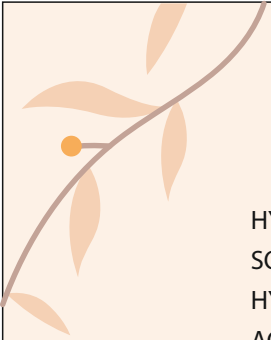
AYURVEDA HEALING THERAPIES

ABHYANGAM	60 Minutes
CHOORNASWEDAM	60 Minutes

MAYFAIR BODY TREATMENTS

GREEN TEA & SUGAR SCRUB	30 Minutes
COFFEE SCRUB	30 Minutes
WHITENING WRAP	30 Minutes
GREEN TEA DETOX WRAP	30 Minutes





MAYFAIR SKIN CARE BY COMFORT ZONE

HYDRA MEMORY	60 Minutes
SOOTHING REMEDY	60 Minutes
HYDRA MEMORY ADVANCED	70 Minutes
ACTIVE PURENESS BIPHASIC	60 Minutes
SUBLIME SKIN DOUBLE PEEL	70 Minutes
SUBLIME SKIN ACTIVE LIFTING	90 Minutes

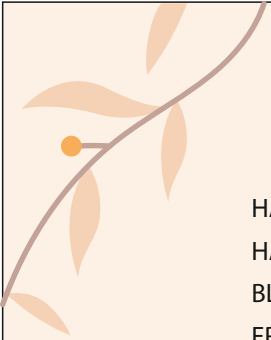
MAYFAIR LUXURY SKIN CARE BY MINTREE

SIGNATURE MINERAL MUD FACIAL	60/90 Minutes
AGE LOCK YOUTH RESTORATIVE FACIAL	60/90 Minutes
BLACK PEAT MUD MASK	45 Minutes

MAYFAIR EXPRESS

MINI FACIAL	30 Minutes
DE-STRESS BACK MASSAGE	30 Minutes
FOOT MASSAGE/REFLEXOLOGY	30 Minutes
FACE MASSAGE	15 Minutes
HEAD MASSAGE	30 Minutes





LADIES SALON

HAIR WASH (S/M/L)
HAIR TRIM/CUT
BLOW DRY
FRONT TOUCH UP (INOA/MAJIREL)
HAIR STREAKING (PER STREAK)
HAIR SPA (LOREAL)
CURL SETTING (S/M/L)
CRIMPING (S/M/L)
ROOT TOUCH UP (INOA/MAJIREL)
HAIR IRONING (S/M/L)
HAIR SMOOTHENING WITH NANO TECHNOLOGY

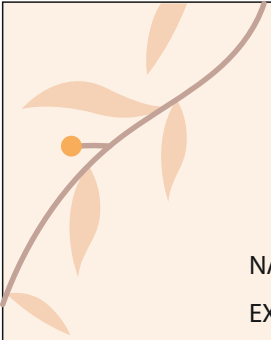
THREADING

UPPER LIP
CHIN
FOREHEAD
FULL FACE THREADING

WAXING (RICA)

HALF LEG
FULL LEG
HALF ARMS
FULL ARMS
UNDER ARMS
BACK/ FRONT
FULL BODY WAXING
FACE (JAW LINE, UPPER LIP)
FULL FACE





MAYFAIR SALON SERVICES

HANDS & FEET

NAIL CARE (CUT & FILE)

EXPRESS MANICURE/ PEDICURE

30 Minutes

LUXURY MANICURE/ PEDICURE

60 Minutes

DELUXE MANICURE/ PEDICURE

75 Minutes

GENTS SALON

MUSTACHE COLORING

CHILD HAIRCUT (BELOW 6 YEARS)

HAIR WASH (SHAMPOO & CONDITIONER)

BEARD TRIMMING

BEARD COLORING

HAIR CUT

EXP SHAVING

HAIR SPA

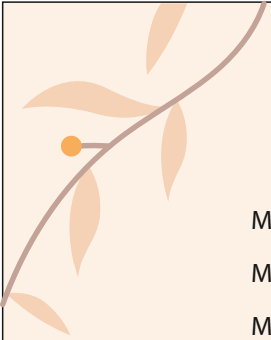
HAIR COLOR (MAJIRREL)

HAIR TREATMENT

HAIR COLOR (INOA)

HEAD MASSAGE





MOROCCAN OIL EXPERIENCE

MOROCCAN OIL HAIR WASH

MOROCCAN OIL HEAD MASSAGE

MOROCCAN OIL HEAD MASSAGE+ HAIR WASH

MOROCCAN HAIR TREATMENT (S/M/L/VL)

BRIDAL MAKEUP

SAREE DRAPING

JUDA

EYE MAKE UP

GLAME MAKE UP WITH HAIR DO

ENGAGEMENT MAKEUP

PRE BRIDAL BEAUTY PACKAGE

THREADING, WAXING, FACIAL, NAIL CARE, BODY TREATMENT AND MASSAGE

BRIDAL MAKE UP

GROOM GROOMING PACKAGE

